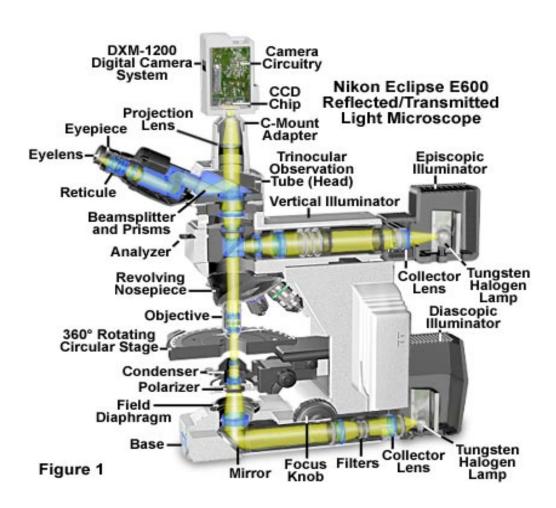
Microscope

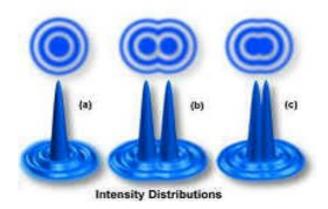


Diffraction Limit

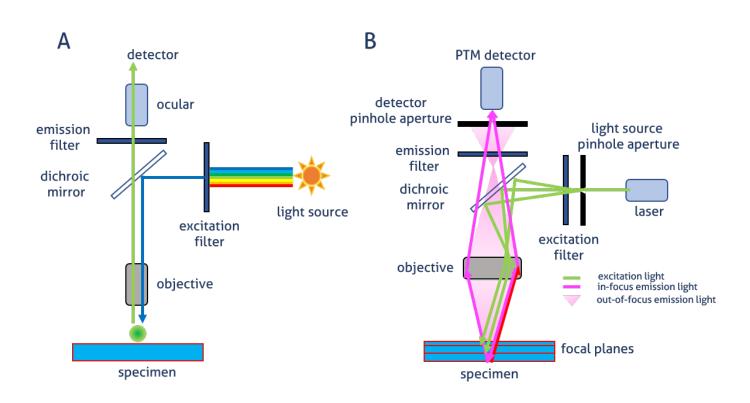


$$d = \lambda/(2n \sin \alpha)$$

$$k_0 = 2NA/\lambda_{\rm em}$$

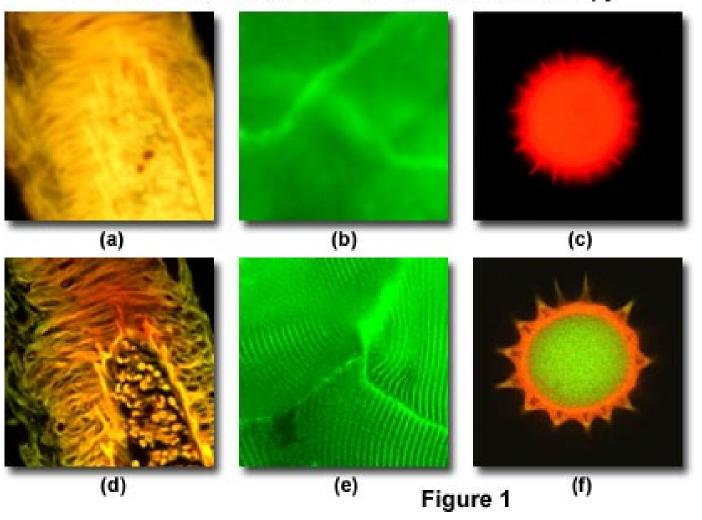


Confocal vs Wide Field



Confocal vs Wide Field

Confocal and Widefield Fluorescence Microscopy



The Nobel Prize in Chemistry 2014



Photo: Matt Staley/HHMI

Eric Betzig

Prize share: 1/3



Photo: Wikimedia Commons, CC-BY-SA-3.0

Stefan W. Hell

Prize share: 1/3

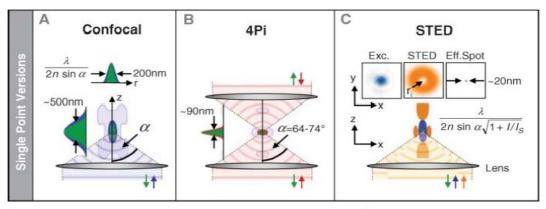


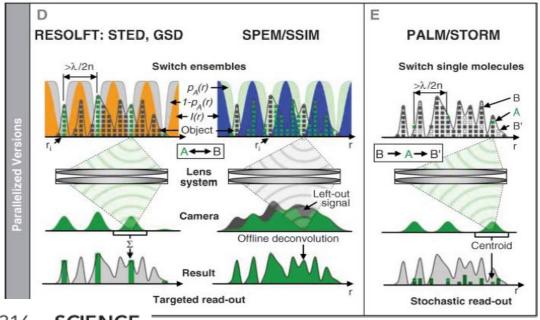
Photo: K. Lowder via Wikimedia Commons, CC-BY-SA-3.0

William E. Moerner

Prize share: 1/3

Super-Resolution Microscopy





25 MAY 2007 VOL 316 **SCIENCE**

Localization

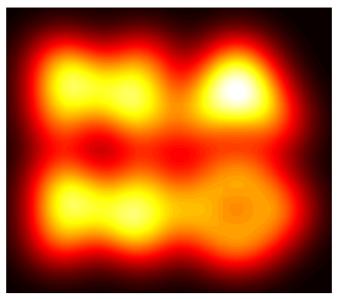
$$I(x, y) = I_{\text{background}} + A.$$

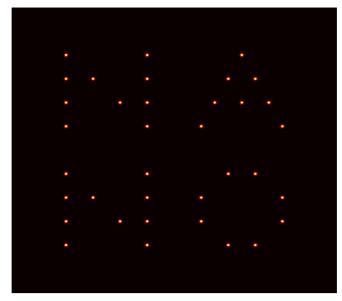
$$\exp\left\{-\frac{1}{2}\left[\left(\frac{x - x_0}{s_x}\right)^2 + \left(\frac{y - y_0}{s_y}\right)^2\right]\right\},$$

$$\sigma_{x,y}^{\mu}$$

$$= \sqrt{\frac{s_{x,y}^{2}}{N_{\text{photons}}} + \frac{a^{2}}{12.N_{\text{photons}}} + \frac{8.\pi.s_{x,y}^{4}.b^{2}}{a^{2}.N_{\text{photons}}}},$$

Photoactivation localization microscopy (PAIM)





Diffraction-limited system:

Lateral resolution $\Delta xy \approx 0.61 \, \lambda / \text{ N.A.}$ $\approx 200 \, \text{nm}$ Axis resolution $\Delta z \approx 2\lambda / \text{ N.A.}^2$ $\approx 450 \, \text{nm}$

Mean-squared position error:

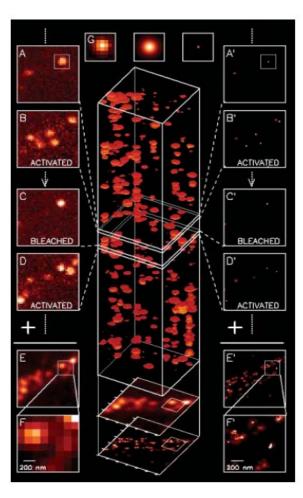
$$\left(\sigma_{x,y}^{2}\right)_{m} \approx \frac{s^{2} + a^{2}/12}{N_{m}} + \frac{4\sqrt{\pi}s^{3}b_{m}^{2}}{aN_{m}^{2}}$$

s is the standard deviation of the PSF.

a is the pixel size in the image

 N_m is the total number of photons measured from molecule m b_m is the number of background photons collected in the fitting window

Imaging Intracellular Fluorescent Proteins at Nanometer Resolution



$$(\sigma_{x,y}^2)_m \approx \frac{s^2 + a^2/12}{N_m} + \frac{4\sqrt{\pi}s^3b_m^2}{aN_m^2}$$

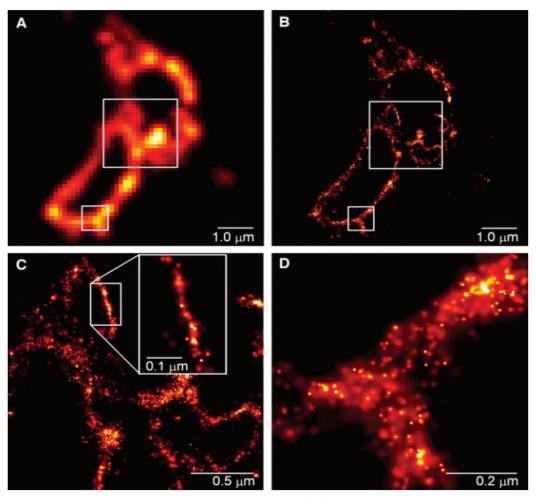


Fig. 2. Comparative summed-molecule TIRF (**A**) and PALM (**B**) images of the same region within a cryoprepared thin section from a COS-7 cell expressing the lysosomal transmembrane protein CD63 tagged with the PA-FP Kaede. The larger boxed region in (B), when viewed at higher magnification (**C**) reveals smaller associated membranes that may represent interacting lysosomes or late endosomes that are not resolvable by TIRF. In a region where the section is nearly orthogonal to the lysosomal membrane, the most highly localized molecules fall on a line of width \sim 10 nm (inset). In an obliquely cut region [(**D**), from the smaller boxed region in (B)], the distribution of CD63 within the membrane plane can be discerned.

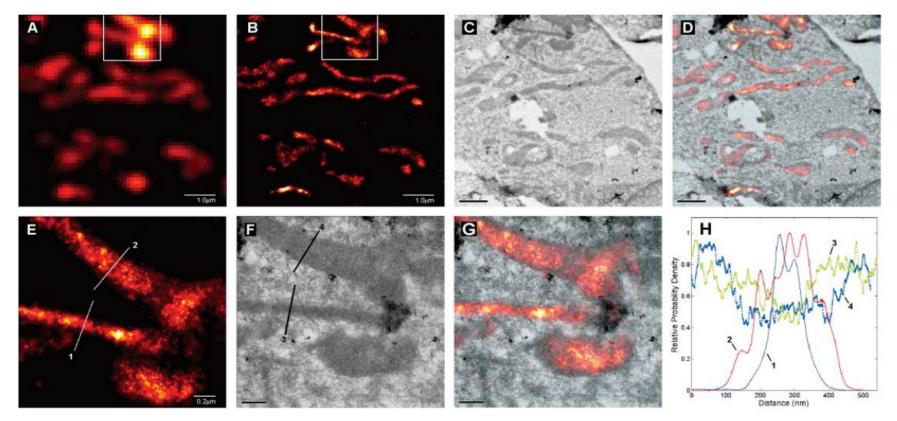


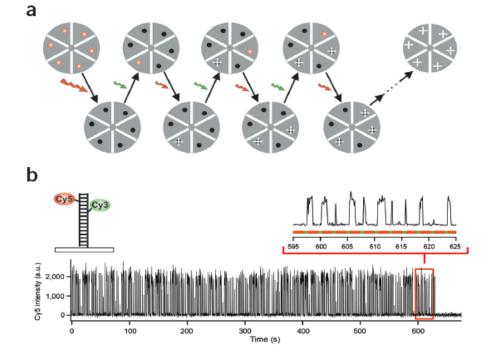
Fig. 3. Comparative summed-molecule TIRF (**A**), PALM (**B**), TEM (**C**), and PALM/TEM overlay (**D**) images of mitochondria in a cryo-prepared thin section from a COS-7 cell expressing dEosFP-tagged cytochrome-C oxidase import sequence. Higher magnification PALM (**E**), TEM (**F**), and overlay (**G**) images within the box in (B) reveal that these matrix re-

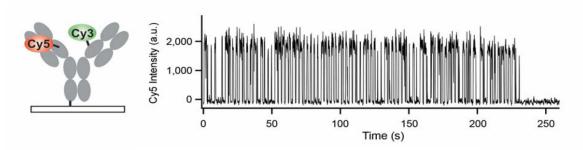
porter molecules extend up to, but not into, the $\sim\!20\text{-nm}$ outer mitochondrial membrane. The molecular distribution across two mitochondria along lines 1 and 2 in PALM image (E) are compared in (H) to the TEM signal along lines 3 and 4 in (F) across the same mitochondria. Scale bars: 1.0 μ m in (A) to (D); 0.2 μ m in (E) to (G).

Sub-diffraction-limit imaging by stochastic optical reconstruction microscopy (STORM)

Michael J Rust^{1,5}, Mark Bates^{2,5} & Xiaowei Zhuang^{1,3,4}

NATURE METHODS





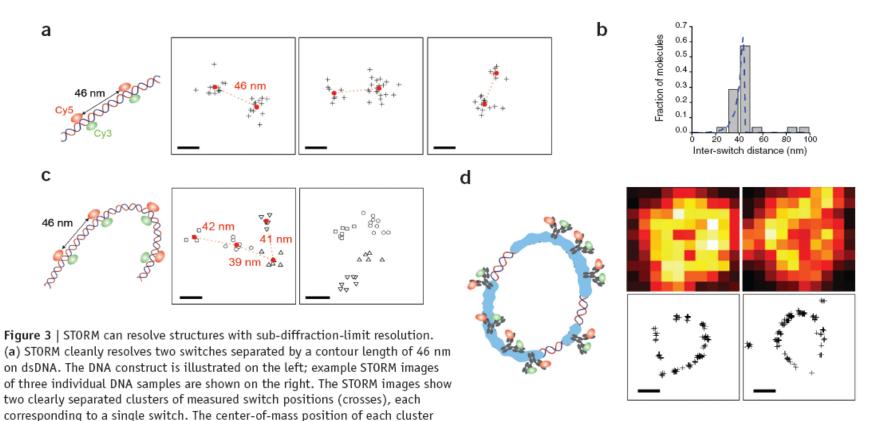
: 2.2 : 1 for Cy3 and 0.1 : 1 for Cy5

Goat anti-mouse secondary antibody labeled with the cyanine switch exhibits photoswitching behavior similar to switch-labeled DNA. The antibody was labeled with Cy3 and Cy5 (as described in **Supplementary Methods** online) and bound to a quartz slide coated with unlabeled mouse anti-transferrin primary antibody. The trace shows the Cy5 fluorescence intensity detected from a single labeled antibody as it switches on and off until permanent photobleaching occurs after 230 seconds. A red laser (633 nm, 30 W/cm²) is used to excite fluorescence from Cy5 and to switch Cy5 to the dark state. A green laser (532 nm, 1 W/cm²) is used to switch the Cy5 back to the fluorescent state. The sample was excited with a sequence of alternating green and red laser pulses (0.5 s green followed by 2 s red).

$$I(x, y) = A + I_0 e^{\left[-(x'/a)^2 - (y'/b)^2\right]/2}$$

$$x' = (x - x_0)\cos\theta - (y - y_0)\sin\theta$$

$$y' = (x - x_0)\sin\theta + (y - y_0)\cos\theta$$

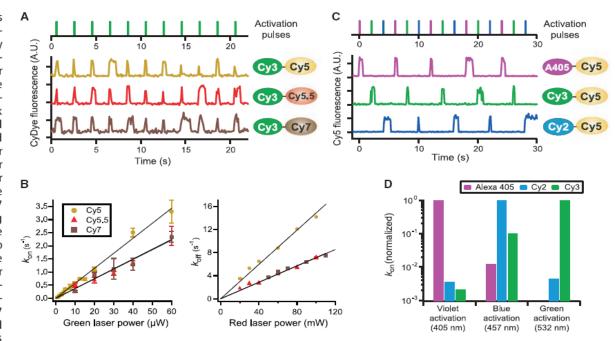


is marked by a red dot. The inter-switch distances are 46 nm, 44 nm and 34 nm for these three examples. Scale bars, 20 nm. (b) Comparison between the inter-switch distances measured using STORM (columns) and the predicted distance distribution considering the flexibility of DNA (dashed line). (c) STORM images of four switches attached to a dsDNA, pair-wise separated by a contour length of 46 nm. The measured switch positions are clustered by an automated algorithm and different clusters are indicated by different symbols. Scale bars, 20 nm. (d) STORM images of RecA-coated circular plasmid DNA. Indirect immunofluorescence images with switch-labeled secondary antibody taken by a total internal reflection microscope (top); the reconstructed STORM images of the same filaments (bottom). Scale bars, 300 nm.

Multicolor Super-Resolution Imaging with Photo-Switchable Fluorescent Probes SCIENCE VOL 317

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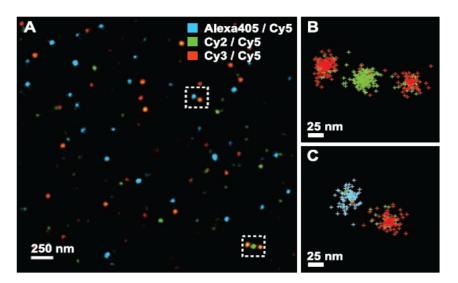
Fig. 1. Photo-switchable probes constructed from activatorreporter pairs. (A) Spectrally distinct reporters exhibit photoswitching behavior. The lower panel shows the fluorescence time traces of three photoswitchable reporters Cv5 (dark yellow line), Cy5.5 (red line), and Cy7 (brown line), each paired with a Cv3 dve as the activator on a DNA construct. The upper panel shows the green laser pulses (532 nm) used to activate the reporters. The red laser (657) nm) was continuously on, serving to excite fluorescence from the reporters and to switch them to the dark state. Traces were shifted relative to each other for clarity. (B) Switching rate constants k_{on} and k_{off} of the Cy3-Cy5, Cy3-Cy5.5, and Cy3-Cy7 pairs as a function of green and red laser power. Error bars

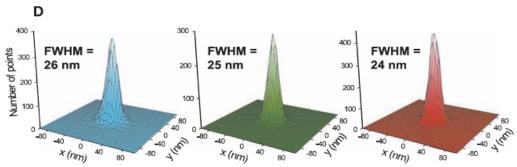


indicate SEM from about three data sets. The laser power to intensity calibration may vary between different samples because of moderate differences in the laser spot size at the sample. (C) The same reporter can be activated by spectrally distinct activators. The lower panel shows the fluorescence time traces of Cy5 paired with three different activators, Alexa 405 (magenta line), Cy2 (blue line), and Cy3 (green line). The upper panel shows the violet (405 nm, magenta line), blue (457 nm, blue line), and green (532 nm, green line) activation pulses. (D)

Normalized activation rate constants of the three dye pairs at three activation wavelengths: 405, 457, and 532 nm. The $k_{\rm cn}$ values of Alexa 405-Cy5, Cy2-Cy5, and Cy3-Cy5 were used for normalization at 405, 457, and 532 nm, respectively. The absolute activation rates were rapid for each pair at its corresponding optimal wavelength, with values of 10 s⁻¹ or greater at only a few hundred μ W of laser power. The activation rate of the Alexa 405-Cy5 pair by the 532-nm laser was too small to be measured reliably.

Fig. 2. Three-color STORM imaging of a model DNA sample. (A) Three-color STORM image of three different DNA constructs labeled with Alexa 405-Cy5, Cy2-Cy5, or Cy3-Cy5 mixed at a high surface density on a microscope slide. The image was plotted by rendering each localization as a Gaussian peak, the width of which was scaled with the theoretical localization accuracy given by the number of photons detected (26). Each colored spot in this image represents a cluster of localizations from a single DNA molecule. A conventional fluorescence image of the same area is shown in fig. S3 for comparison. (B and **C**) Higher-magnification views of the boxed regions in (A) show several examples of closely spaced DNA molecules. Each localization was plotted as a cross, colored according to the following code: If the molecule was activated by a 405-, 457-, or 532-nm laser pulse, the color of the cross was assigned as blue, green, or red, respectively. (D) The localization distributions of the blue, green, or red clusters. The two-dimensional histograms of localizations were generated by aligning multiple (50 to 60) clusters by their center of mass. The histograms were fit to a Gaussian profile to determine their FWHM.





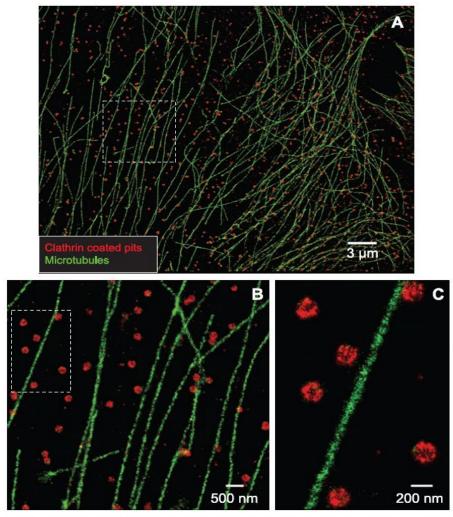


Fig. 4. Two-color STORM imaging of microtubules and CCPs in a mammalian cell. **(A)** STORM image of a large area of a BS-C-1 cell. The secondary antibodies used for microtubule staining were labeled with Cy2 and Alexa 647, and those for clathrin were labeled with Cy3 and Alexa 647. The 457- and 532-nm laser pulses were used to selectively activate the two pairs. Each localization was false colored according to the following code: green for 457-nm activation and red for 532-nm activation. **(B)** STORM image corresponding to the boxed region in (A) shown at a higher magnification. **(C)** Further magnified view of the boxed region in (B).

Three-Dimensional Super-Resolution Imaging by Stochastic Optical Reconstruction Microscopy

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Fig. 1. The scheme of 3D STORM. (A) Threedimensional localization of individual fluorophores. The simplified optical diagram illustrates the principle of determining the z coordinate of a fluorescent object from the ellipticity of its image by introducing a cylindrical lens into the imaging path. The right panel shows images of a fluorophore at various z positions. EMCCD, electronmultiplying charge-coupled device. (B) Calibration curve of image widths w_x and w_y as a function of z obtained from single Alexa 647 molecules. Each data point represents the average value obtained from six molecules. The data were fit to a defocusing function (red curve) as described in (27). (C) Three-dimensional localization distribution of single molecules. Each molecule gives a cluster of localizations due to repetitive activation of the same molecule. Localizations from 145 clusters were aligned by their center of mass to generate the overall 3D presentation of the localization distribution (left panel). Histograms of the distribution in x, y, and z (right panels) were fit to a Gaussian function, yielding standard deviations of 9 nm in x, 11 nm in y, and 22 nm in z.

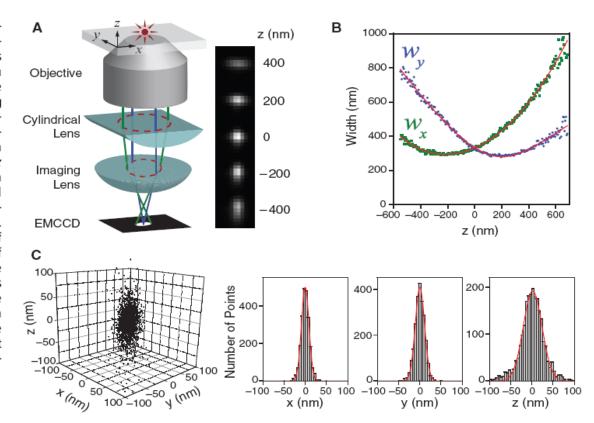
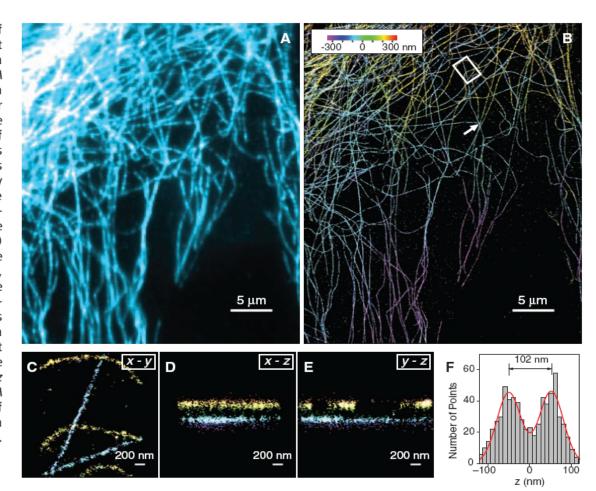


Fig. 2. Three-dimensional STORM imaging of microtubules in a cell. (A) Conventional indirect immunofluorescence image of microtubules in a large area of a BS-C-1 cell. (B) The 3D STORM image of the same area, with the z-position information color-coded according to the color scale bar. Each localization is depicted in the STORM image as a Gaussian peak, the width of which is determined by the number of photons detected (5). (**C** to **E**) The x-y, x-z, and y-z cross sections of a small region of the cell outlined by the white box in (B), showing five microtubule filaments. Movie S1 shows the 3D representation of this region, with the viewing angle rotated to show different perspectives (27). (F) The z profile of two microtubules crossing in the x-y projection but separated by 102 nm in z, from a region indicated by the arrow in (B). The histogram shows the distribution of z coordinates of the localizations, fit to two Gaussians with identical widths (FWHM = 66 nm) and a separation of 102 nm (red curve). The apparent width of 66 nm agrees quantitatively with the convolution of our imaging resolution in z (represented by a Gaussian function with FWHM of 55 nm) and the previously measured width of antibody-coated microtubules (represented by a uniform distribution with a width of 56 nm) (5).



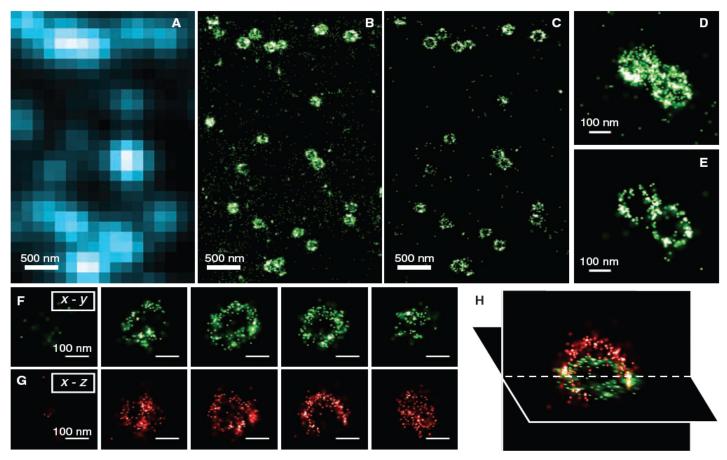


Fig. 3. Three-dimensional STORM imaging of clathrin-coated pits in a cell. **(A)** Conventional direct immunofluorescence image of clathrin in a region of a BS-C-1 cell. **(B)** The 2D STORM image of the same area, with all localizations at different *z* positions included. **(C)** An *x-y* cross section (50 nm thick in *z*) of the same area, showing the ring-like structure of the periphery of the CCPs at the

plasma membrane. (**D** and **E**) Magnified view of two nearby CCPs in 2D STORM (D) and their *x-y* cross section (100 nm thick) in the 3D image (E). (**F** to **H**) Serial *x-y* cross sections (each 50 nm thick in *z*) (F) and *x-z* cross sections (each 50 nm thick in *y*) (G) of a CCP, and an *x-y* and *x-z* cross section presented in 3D perspective (H), showing the half-spherical cage-like structure of the pit.



Rapid communication

Ground-state-depletion fluorscence microscopy: a concept for breaking the diffraction resolution limit

S.W. Hell, M. Kroug

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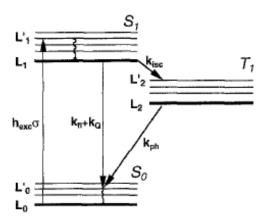
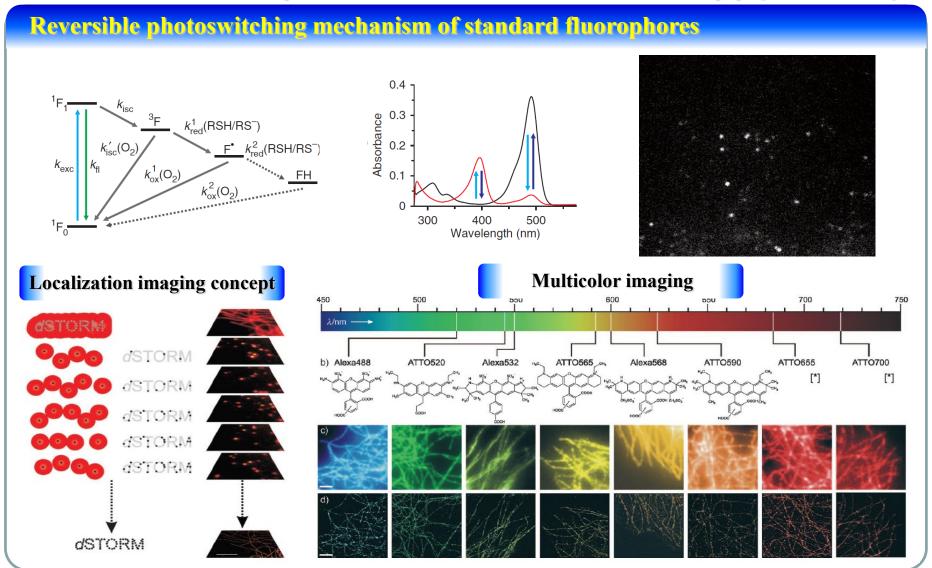


Fig. 1. Energy states of a typical dye: S_0 is the ground state, S_1 is the first singlet state, and T_1 the first triplet state

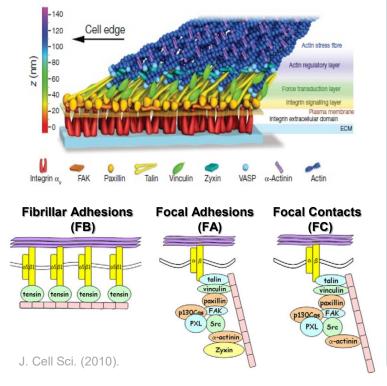
Direct stochastic optical reconstruction microscopy (dSTORM)

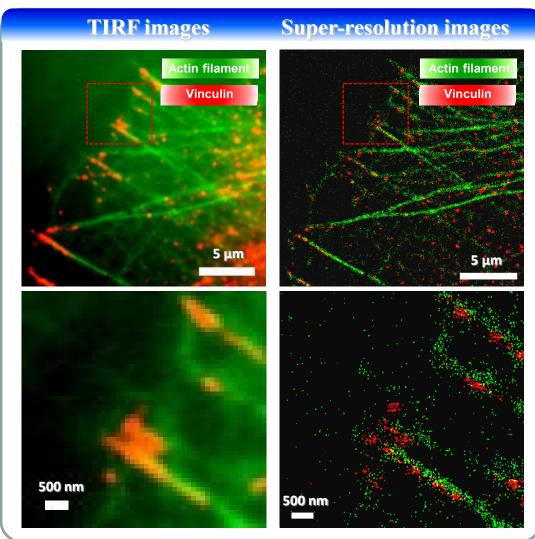


Multicolor superresolution fluorescence imaging

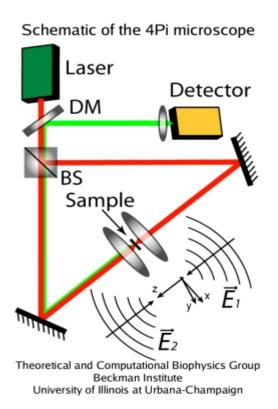
Objective

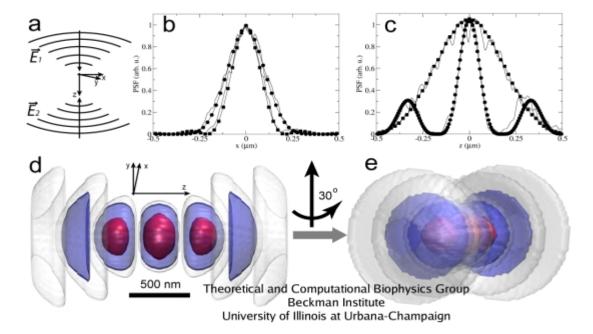
- 1. Characteristic distance between focal adhesion complexes.
- 2. Cross-correlation between different focal adhesion complexes.
- 3. Number of focal adhesion complexes at different adhesion types.





4 Pi





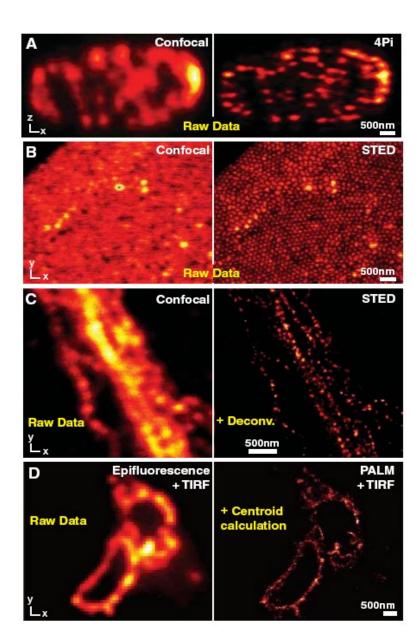
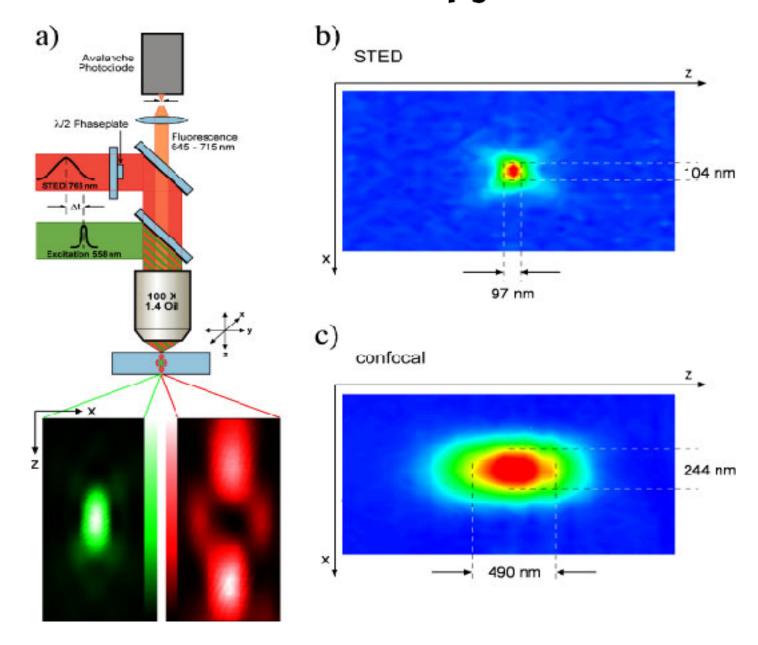
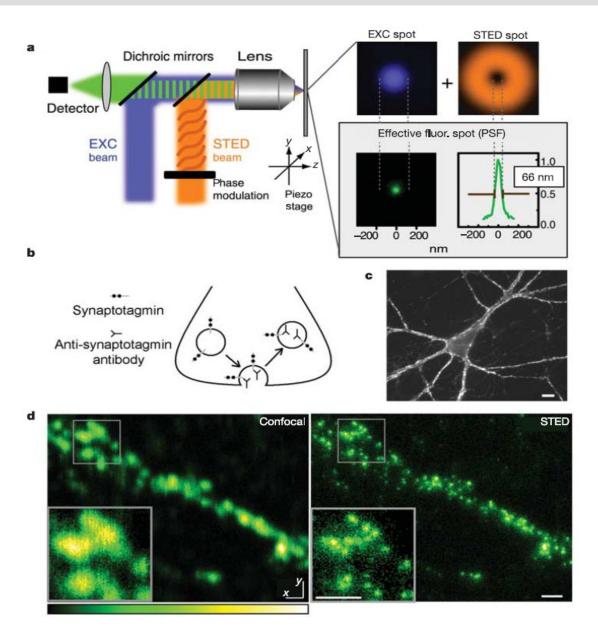
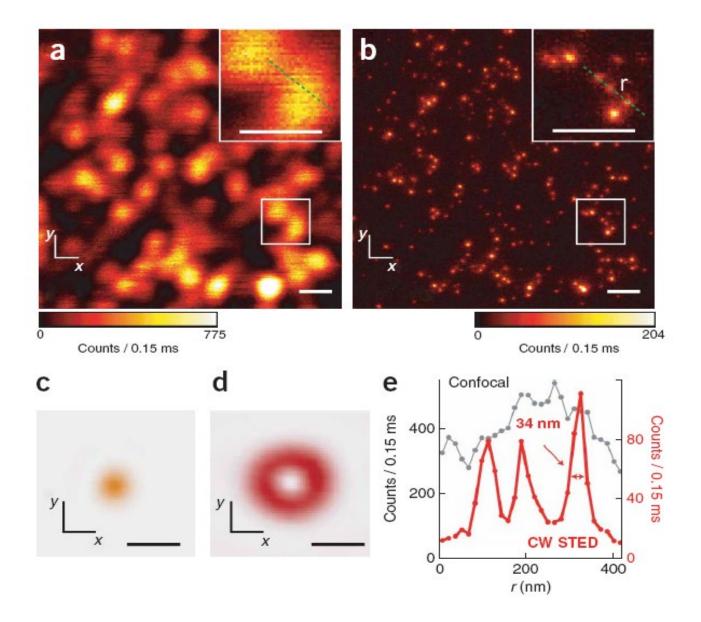


Fig. 4. Side-by-side comparisons. **(A)** Confocal versus 4Pi axial (xz) image of microtubules in a neuron: 4Pi image displays 140-nm z resolution; lens of $\alpha=74^{\circ}$ and with two-photon excitation at 800 nm. The plain 4Pi image is due to a narrow solitary peak without lobes; mathematical lobe-removal is not required. **(B)** Unlike the confocal reference, the STED image reveals the spatial order of self-assembled fused silica nanobeads containing a fluorescence core (45). **(C)** Neurofilaments in human neuroblastoma recorded in the confocal mode (left) and with STED after nonlinear deconvolution (right) displaying a focal plane resolution of 20 to 30 nm (39). **(D)** Epifluorescence versus PALM recording of a cryoprepared section from a mammalian cell expressing a lysosomal transmembrane protein tagged with a photoswitchable protein; both images were recorded with a TIRF setup. PALM resolution ranges between 20 and 60 nm, whereas individual protein localizations can be 2 nm (12).

STED microscopy



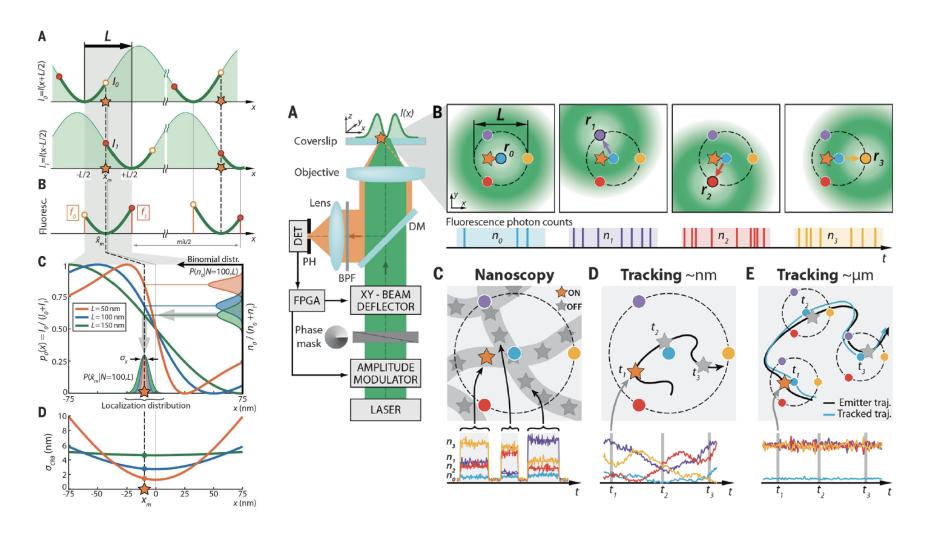




Nanometer resolution imaging and tracking of fluorescent molecules with minimal photon fluxes

Francisco Balzarotti, ** Yvan Eilers, ** Klaus C. Gwosch, ** Arvid H. Gynnå, *Volker Westphal, Fernando D. Stefani, *3,4 Johan Elf, *2 Stefan W. Hell^{1,5,6} +

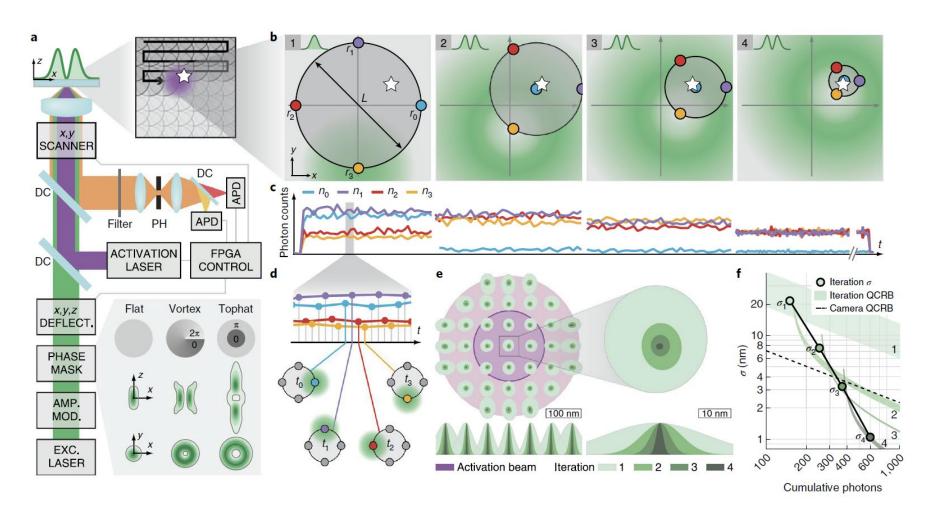
Balzarotti et al., Science $\mathbf{355}$, 606–612 (2017)



MINFLUX nanoscopy delivers 3D multicolor nanometer resolution in cells

minimal photon flux

NATURE METHODS | VOL 17 | FEBRUARY 2020 | 217-224 | www.nature.com/nati



Operation Principle of MINFLUX

Illumination Pattern: MINFLUX uses a donut-shaped laser beam, which has a zero-intensity dark spot at its center. This unique configuration is crucial for the method's high-resolution capability.

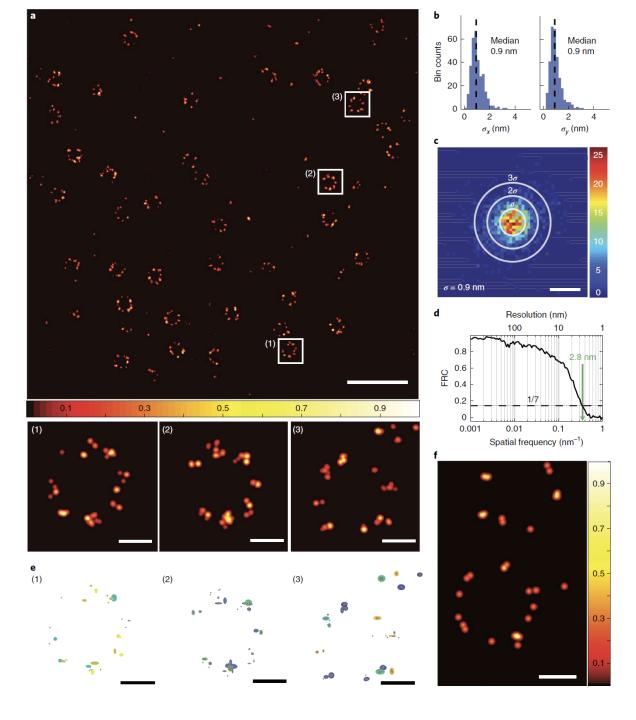
Positioning the Dark Spot: The central idea is to position this dark spot near the fluorescent molecule of interest. The precise localization is achieved by detecting where the photons are emitted relative to this dark spot.

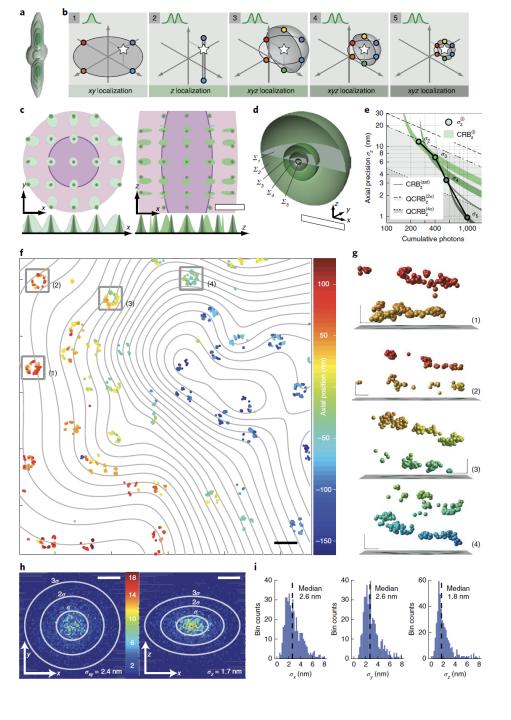
Photon Emission: As the fluorescent molecule emits photons, the position of the dark spot is adjusted based on where these photons are detected. The goal is to center the dark spot as close as possible to the actual position of the molecule.

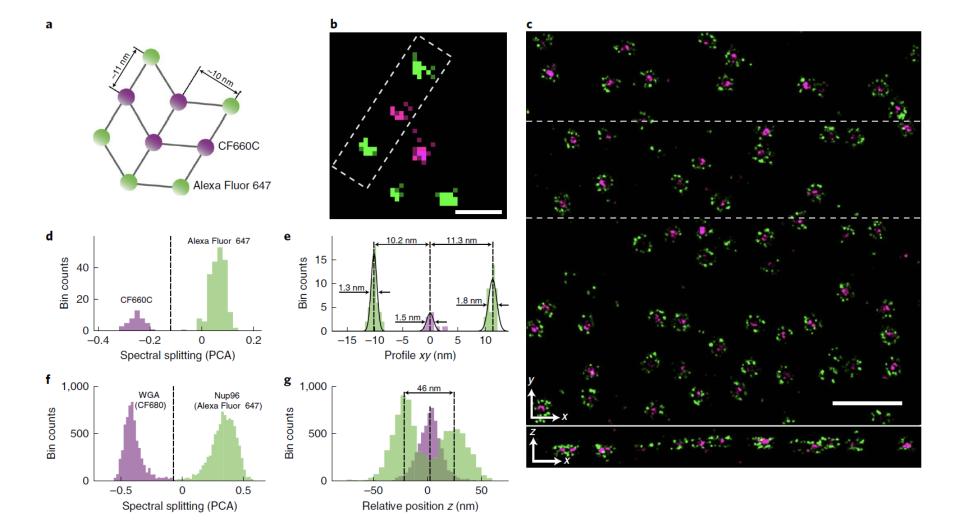
Iterative Refinement: The process involves iterative adjustments of the dark spot's position. With each iteration, the system collects data on photon emissions, refining the estimated position of the fluorophore.

Efficient Use of Photons: By focusing the interrogation to the vicinity of the dark spot and iteratively narrowing down the position, MINFLUX significantly reduces the number of photons needed to achieve localization. This efficiency helps in reducing photobleaching and photo-toxicity, which are common issues in super-resolution microscopy.

High Localization Precision: The iterative process, combined with the unique illumination pattern, allows MINFLUX to achieve localization precisions in the range of sub-nanometers, surpassing the capabilities of many existing super-resolution techniques.







-4 0 4 8 12 16 20

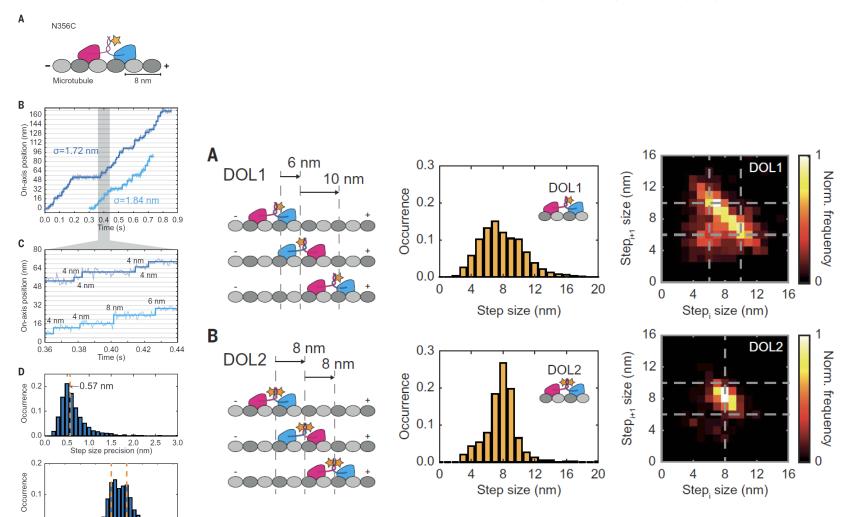
Step size (nm)

-12 -8

MINFLUX dissects the unimpeded walking of kinesin-1

Jan O. Wirth 1 †, Lukas Scheiderer 1 †, Tobias Engelhardt 1 ‡, Johann Engelhardt 1 , Jessica Matthias 1 ‡, Stefan W. Hell 1,2 *

Wolff et al., Science 379, 1004-1010 (2023) 10 Marcl



STED Microscopy:

Depletion Beam: STED uses a donut-shaped depletion beam that surrounds a central excitation spot. This depletion beam effectively "turns off" fluorescence by stimulating the emission of photons from the excited state to the ground state, excluding the central spot where the fluorescence remains active.

Resolution Enhancement: By reducing the effective volume of fluorescence, STED can achieve a much higher resolution than conventional confocal microscopy. The resolution is limited by the intensity of the STED beam—the higher the intensity, the greater the resolution.

MINFLUX:

Photon-efficient Localization: MINFLUX uses a donut-shaped illumination pattern similar to STED but for a different purpose. Instead of depleting fluorescence, the zero-intensity center of the beam is used to pinpoint the location of fluorescent molecules with minimal photon emission.

Iterative Positioning: The core of MINFLUX is the iterative positioning of the dark spot near the fluorophore and detecting where photons are emitted. This process minimizes the number of photons needed for high-precision localization, leading to extremely high resolution with less photobleaching compared to other methods.

Key Differences

STED achieves high resolution by physically restricting the fluorescence emission area, which can require high laser intensities and may lead to photobleaching.

MINFLUX achieves similar or better resolutions by optimizing the photon budget and reducing the area needed for scanning to localize molecules, which is significantly photon-efficient and reduces photodamage.

STED involves complex and expensive setup due to the high-power lasers required for the depletion beam and the need for precise alignment of the excitation and depletion beams.

MINFLUX, while also complex, primarily focuses on the innovative use of photon detection and spatial manipulation, potentially allowing for more straightforward adaptations in existing fluorescence microscopy setups.

STED is widely used for imaging structures at the nanoscale within biological tissues and cells, particularly useful in neuroscience and cell biology where high-resolution images of dense molecular complexes are needed.

MINFLUX is particularly advantageous for tracking single-molecule dynamics with high temporal resolution and minimal photobleaching, making it ideal for live-cell imaging and dynamic molecular studies.

SHORT COMMUNICATION

Surpassing the lateral resolution limit by a factor of two using structured illumination microscopy

M. G. L. GUSTAFSSON

Department of Biochemistry and Biophysics, University of California San Francisco, San Francisco, California 94143-0448, U.S.A.

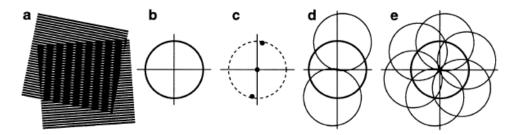


Fig. 1. Concept of resolution enhancement by structured illumination. (a) If two line patterns are superposed (multiplied), their product will contain moiré fringes (seen here as the apparent vertical stripes in the overlap region). (b) A conventional microscope is limited by diffraction. The set of low-resolution information that it can detect defines a circular 'observable region' of reciprocal space. (c) A sinusoidally striped illumination pattern has only three Fourier components. The possible positions of the two side components are limited by the same circle that defines the observable region (dashed). If the sample is illuminated with such structured light, moiré fringes will appear which represent information that has changed position in reciprocal space. The amounts of that movement correspond to the three Fourier components of the illumination. The observable region will thus contain, in addition to the normal information, moved information that originates in two offset regions (d). From a sequence of such images with different orientation and phase of the pattern, it is possible to recover information from an area twice the size of the normally observable region, corresponding to twice the normal resolution (e).

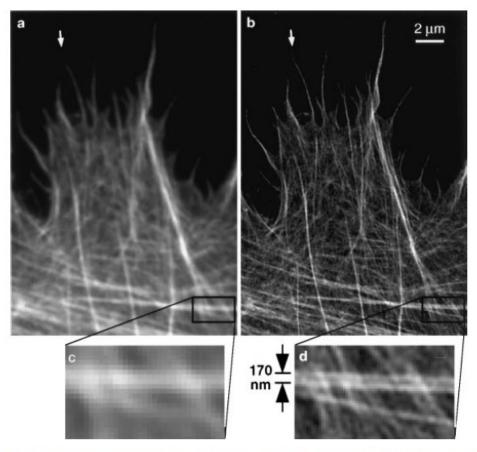
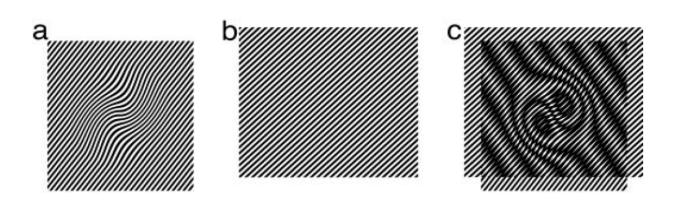


Fig. 4. The actin cytoskeleton at the edge of a HeLa cell, as imaged by (a, c) conventional and (b, d) structured illumination microscopy. (c, d) Enlargements of the boxed areas in (a) and (b), respectively. Fibres separated by less than the resolution limit of the conventional microscope are well resolved using structured illumination (d). The apparent widths (FWHM) of the finest protruding fibres [small arrows in (a, b)] are lowered to 110-120 nm in (b), compared to 280-300 nm in (a).

Nonlinear structured-illumination microscopy: Wide-field fluorescence imaging with theoretically unlimited resolution



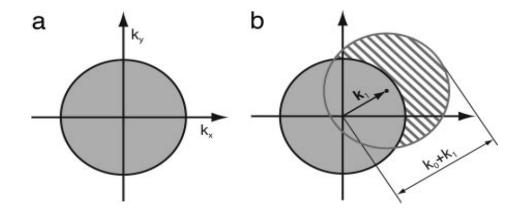
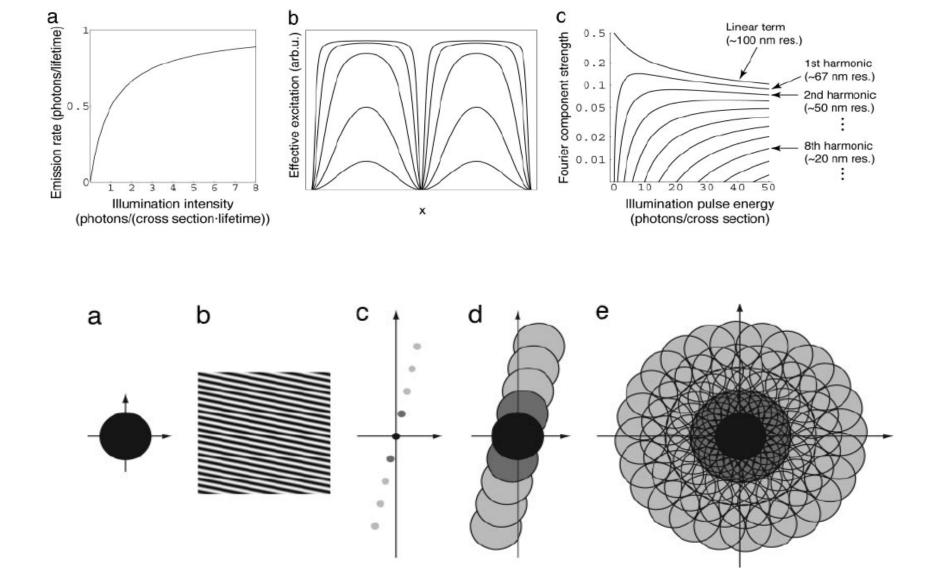


Fig. 2. Structured-illumination concept. (a) The set of sample spatial frequencies that can be observed by the conventional microscope defines a circular observable region of radius k_0 in frequency space. (b) If the excitation light contains a spatial frequency k_1 , a new set of information becomes visible in the form of moiré fringes (hatched circle). This region has the same shape as the normal observable region but is centered at k_1 . The maximum spatial frequency that can be detected (in this direction) is $k_0 + k_1$.

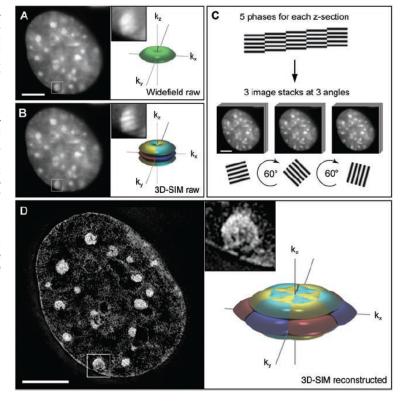


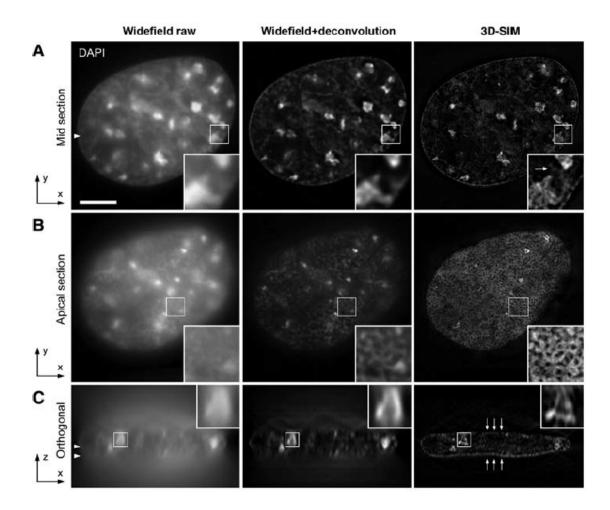
Subdiffraction Multicolor Imaging of the Nuclear Periphery with 3D Structured Illumination Microscopy

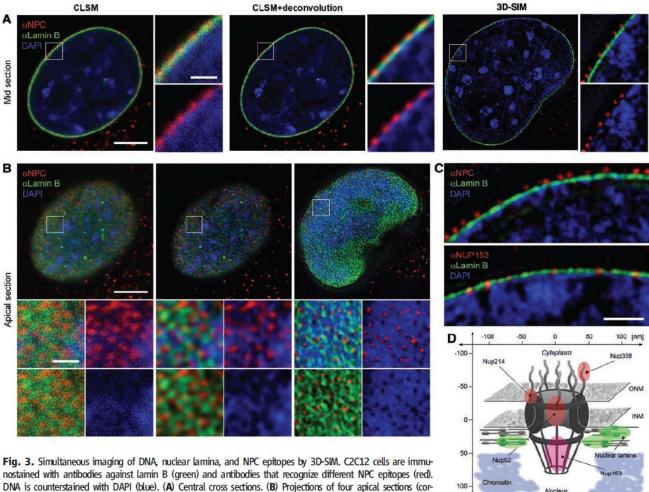
6 JUNE 2008 VOL 320 SCIENCE

Lothar Schermelleh, 1* Peter M. Carlton, 2* Sebastian Haase, 2,4 Lin Shao, 2 Lukman Winoto, 2 Peter Kner, 2 Brian Burke, 3 M. Cristina Cardoso, 4 David A. Agard, 2 Mats G. L. Gustafsson, 5 Heinrich Leonhardt, 1*† John W. Sedat 2*†

> Fig. 1. Subdiffraction resolution imaging with 3D-SIM. (A and B) Cross section through a DAPI-stained C2C12 cell nucleus acquired with conventional wide-field illumination (A) and with structured illumination (B), showing the striped interference pattern (inset). The renderings to the right illustrate the respective support of detection in frequency space. The axes k_x , k_y , and k_z indicate spatial frequencies along the x, y, and z directions. The surfaces of the renderings represent the corresponding resolution limit. The depression of the frequency support ("missing cone") in z direction in (A) indicates the restriction in axial resolution of conventional wide-field microscopy. With 3D-SIM, the axial support is extended but remains within the resolution limit. (C) Five phases of the sine wave pattern are recorded at each z position, allowing the shifted components to be separated and returned to their proper location in frequency space. Three image stacks are recorded with the diffraction grating sequentially rotated into three positions 60° apart, resulting in nearly rotationally symmetric support over a larger region of frequency space. (D) The same cross section of the reconstructed 3D-SIM image shows enhanced image details compared with the original image (insets). The increase in resolution is shown in frequency space on the right, with the coverage extending two times farther from the origin. Scale bars indicate 5 µm.







responding to a thickness of 0.5 μm). Boxed regions are shown below at 4× magnification; scale bars indicate

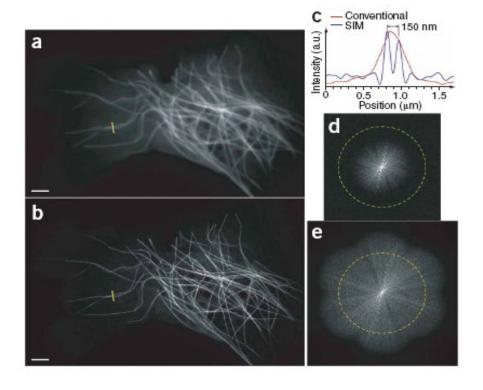
5 µm and 1 µm, respectively. (A) CLSM and deconvolution still show partially overlapping signals. In contrast, with 3D-SIM the spatial separation of NPC, lamina, and chromatin and chromatin-free channels underneath nuclear pores are clearly visible. (B) Top view on the nuclear envelope. Whereas CLSM fails to resolve close nuclear pores, 3D-SIM shows clearly separated NPC signals at voids of peripheral chromatin and surrounded by an irregular network of nuclear lamina. (C) Mid sections comparing stainings with an antibody that mainly reacts with Nup214, Nup358, and Nup62 (α NPC) and one specifically recognizing Nup153 (α Nup153). The α NPC signal is above the lamina (140 \pm 8 nm), whereas the α Nup153 pore signal is at the same level as the lamina (-15 \pm 20 nm). Scale bars 1 μ m. (**D**) Schematic outline of the NPC, showing the relative position of Nup proteins and surrounding structures. ONM, outer nuclear membrane; INM, inner nuclear membrane.

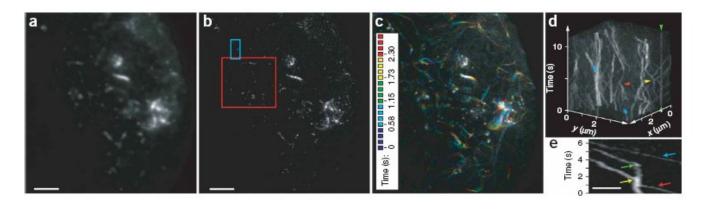
Super-resolution video microscopy of live cells by structured illumination

Peter Kner^{1,2,7,8}, Bryant B Chhun^{1,8}, Eric R Griffis^{3,4}, Lukman Winoto⁵ & Mats G L Gustafsson^{5,6}

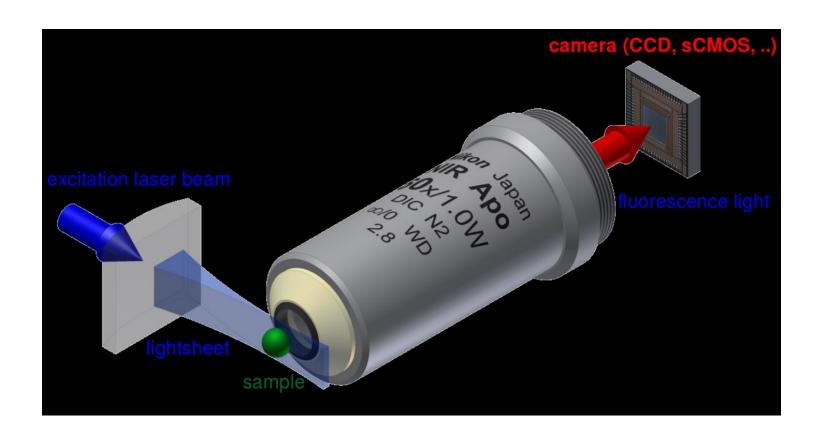
NATURE METHODS | VOL.6 NO.5 | MAY 2009 | 339

Structured-illumination microscopy can double the resolution of the widefield fluorescence microscope but has previously been too slow for dynamic live imaging. Here we demonstrate a high-speed structured-illumination microscope that is capable of 100-nm resolution at frame rates up to 11 Hz for several hundred time points. We demonstrate the microscope by video imaging of tubulin and kinesin dynamics in living *Drosophila melanogaster* S2 cells in the total internal reflection mode.





Light sheet fluorescence microscopy



Rapid three-dimensional isotropic imaging of living cells using Bessel beam plane illumination

Thomas A Planchon^{1,6}, Liang Gao^{1,6}, Daniel E Milkie², Michael W Davidson³, James A Galbraith⁴, Catherine G Galbraith⁵ & Eric Betzig¹

Figure 2 | Modes of Bessel beam plane illumination microscopy. (a) Wide-field illumination geometry (left) and maximumintensity projection (MIP) in the x-z plane (right; z, detection axis) from a 3D image stack of a fixed human osteosarcoma cell (U2OS) transfected with plasmids encoding mEmerald fused to human pyruvate dehydrogenase alpha 1 (PDHA1). (b) Bessel sheet mode geometry (left), showing fluorescence excitation from Bessel side lobes (light green) as well as the central peak (dark green), and x-z plane MIP (right) from same cell as in a. (c,d) Bessel SI mode geometry, showing periodic Bessel beam excitation pattern (left) and x-z plane MIPs with single-harmonic (c) and multiharmonic (d) excitation (right). (e) Two-photon excitation (TPE) Bessel sheet mode geometry (left), showing infrared excitation (red) of fluorescence in the central peak (green), with negligible fluorescence in side lobes and x-z plane MIP from a cell (right) similar to those in a-d. (f) Volume rendering in the multiharmonic SI mode (9 phases, 2.4 µm period) of mEmeraldtagged microtubule associated protein 4 (MAP4) in a live U20S cell. (g) Volume rendering in the TPE sheet mode of mEmerald-labeled mitochondria in a live pig kidney epithelial cell (LLC-PK1 cell line). Insets in f and g show MIPs along orthogonal axes of the cubical volumes shown. Scale bars, 10 µm except 3 µm in insets.

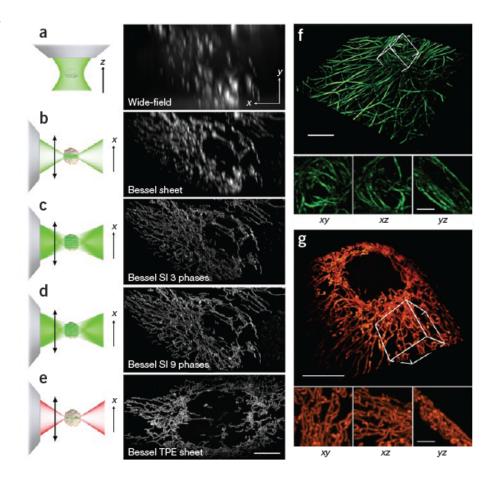
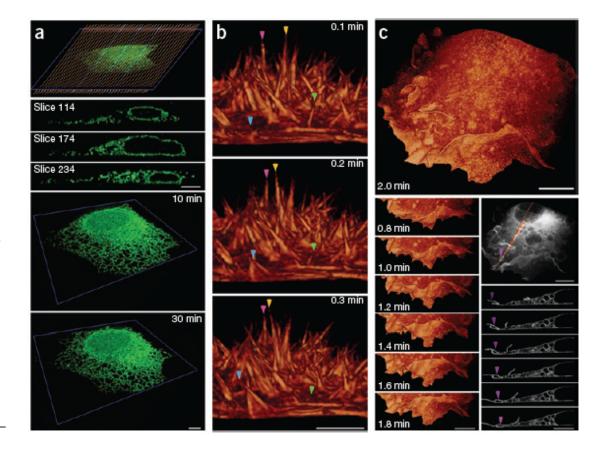
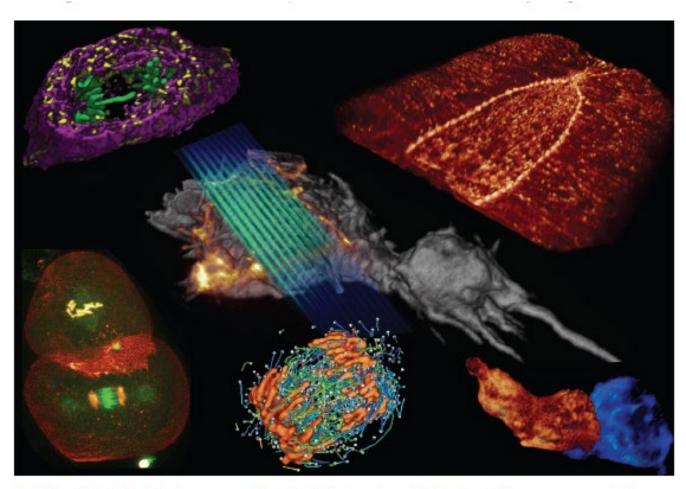


Figure 4 | Three-dimensional isotropic imaging of live-cell dynamics. (a) Images of ER in a live U2OS cell, visualized in the Bessel multiharmonic 9 phase SI mode, over 45 image volumes: representation of a subset of the 321 image planes (brown lines) comprising each volume (top); images from three indicated image planes; and image volumes after 10 and 30 min of observation. (b) Filopodia at the apical surface of a live HeLa cell, visualized in the Bessel TPE sheet mode over three consecutive image volumes from 100 such volumes taken at 6-s intervals. Filaments that wave (magenta and yellow arrowheads), extend outward (cyan arrowhead) or retract inward (green arrowhead) are marked. (c) African green monkey kidney cell (COS-7) transfected with plasmids encoding mEmerald-c-Src, demonstrating retrograde flow of membrane ruffles (left) and vacuole formation by macropinocytosis (right; arrowheads) in an exemplary plane in a translucent cell view (top). All data were extracted from 73 image stacks taken at 12-s intervals. Scale bars, 5 µm (a,b) and 10 μm (c).

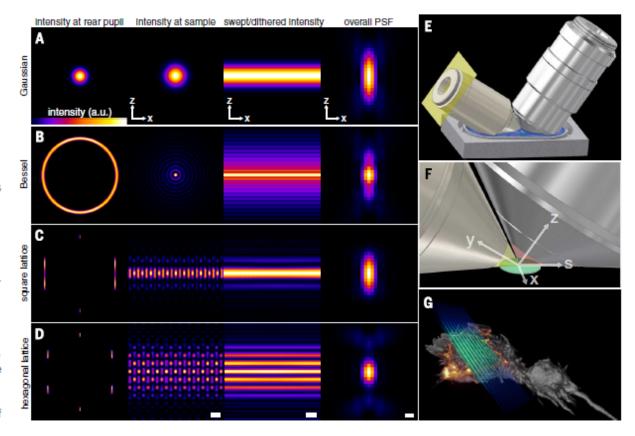




Lattice light-sheet microscopy. An ultrathin structured light sheet (blue-green, center) excites fluorescence (orange) in successive planes as it sweeps through a specimen (gray) to generate a 3D image. The speed, noninvasiveness, and high spatial resolution of this approach make it a promising tool for in vivo 3D imaging of fast dynamic processes in cells and embryos, as shown here in five surrounding examples.

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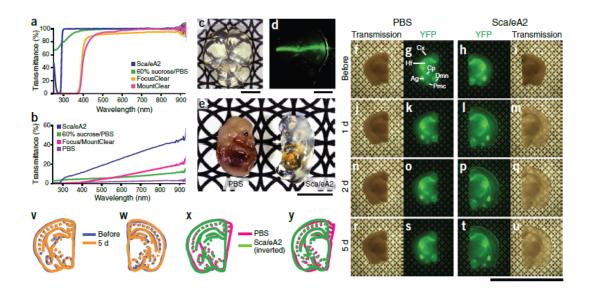
Fig. 1. Methods of light-sheet microscopy. (A) The traditional approach, where a Gaussian beam is swept across a plane to create the light sheet. a.u., arbitrary units. (B) A Bessel beam of comparable length produces a swept sheet with a much narrower core but flanked by sidebands arising from concentric side lobes of the beam. (C and D) Bound optical lattices (compare with movie S1) create periodic patterns of high modulation depth across the plane. greatly reducing the peak intensity and, as we have found, the phototoxicity in live cell imaging. The square lattice in (C) optimizes the confinement of the excitation to the central plane, and the hexagonal lattice in (D) optimizes the axial resolution as defined by the overall PSF of the microscope. The columns in (A) to (D) show the intensity pattern at the rear pupil plane of the excitation objective; the



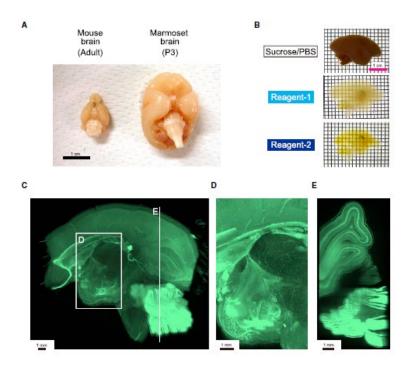
cross-sectional intensity of the pattern in the xz plane at the focus of the excitation objective (scale bar, $1.0~\mu m$); the cross-sectional intensity of the light sheet created by dithering the focal pattern along the x axis (scale bar, $1.0~\mu m$); and the xz cross section of the overall PSF of the microscope (scale bar, 200~n m). (E) Model showing the core of our microscope, with orthogonal excitation (left) and detection (right) objectives dipped in a media-filled bath (compare with fig. S4). (F) Higher magnification view, showing the excitation

(yellow) and detection (red) light cones, which meet at a common focus within a specimen that is either mounted or cultured onto a cover glass within the media. The x, y, and z directions are indicated. The s-axis defines the direction the specimen moves from image plane to image plane. (**G**) Representation of a lattice light sheet (blue-green) intersecting a cell (gray) to produce fluorescence (orange) in a single plane. The cell is swept through the light sheet to generate a 3D image (compare with movie S2).

Optical Clearing



Whole-Brain Imaging with Single-Cell Resolution Using Chemical Cocktails and Computational Analysis



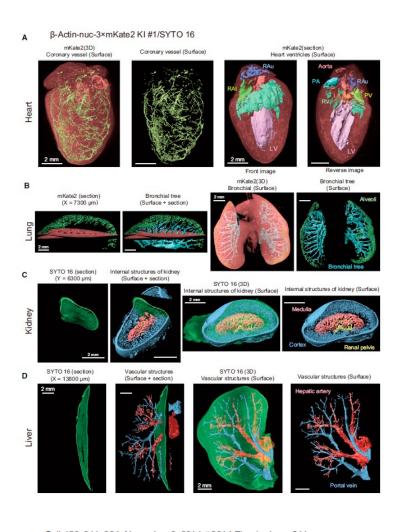
Whole-body and Whole-Organ Clearing and Imaging Techniques with Single-Cell Resolution: Toward Organism-Level Systems Biology in Mammals

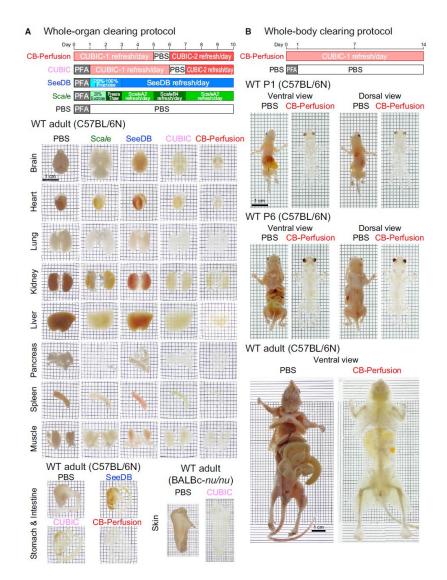


Figure 1. Steps for Organism-Level Systems Biology

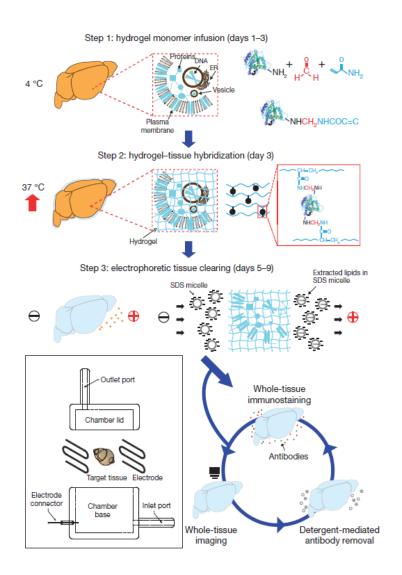
Overview of the proposed research scheme, aiming at organism-level systems biology in mammal by comprehensive cell detection and analysis of whole-organ/body. This is achieved by optical tissue clearing and imaging (or alternatively by sectioning tomography without clearing) of properly labeled specimens. Data are analyzed to extract biological information, for which high-spec PC equipment is generally needed.

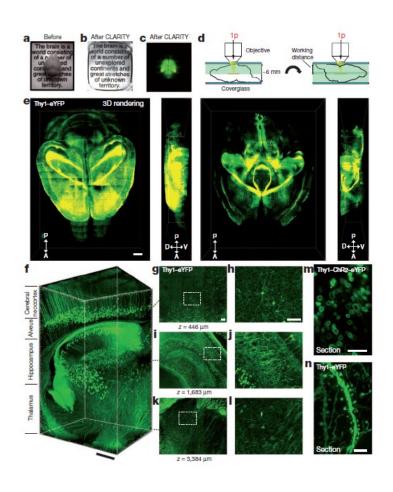
Whole-Body Imaging with Single-Cell Resolution by Tissue Decolorization





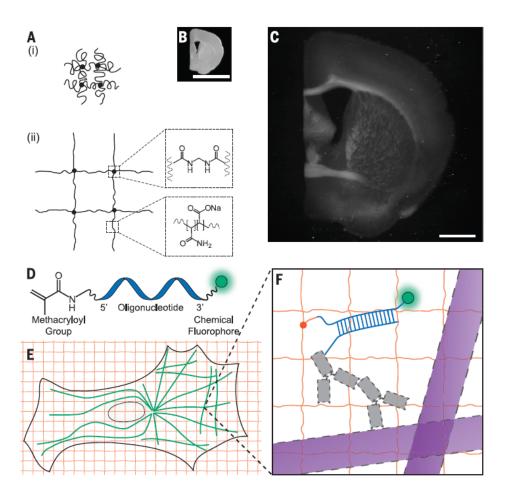
Structural and molecular interrogation of intact biological systems



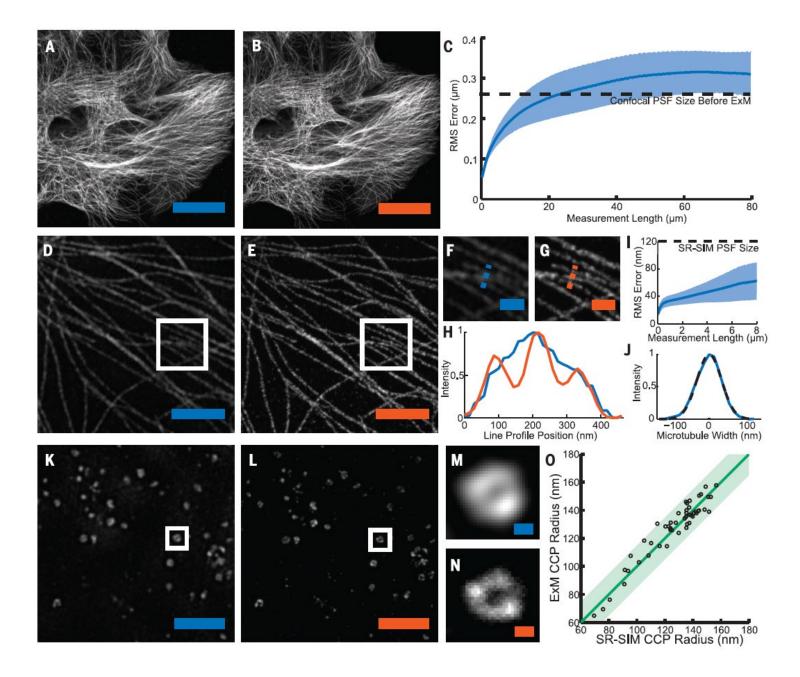


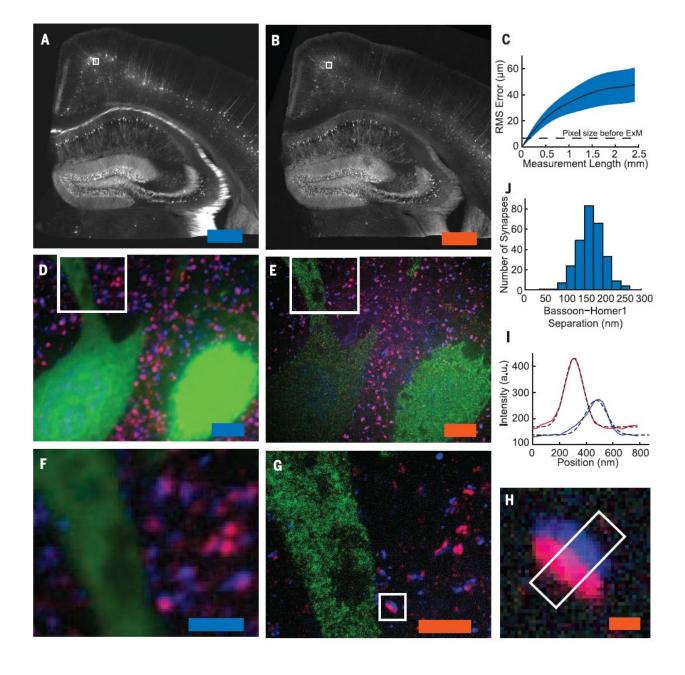
Expansion microscopy

Fei Chen, 1* Paul W. Tillberg, 2* Edward S. Boyden $^{1,3,4,5,6}\dagger$



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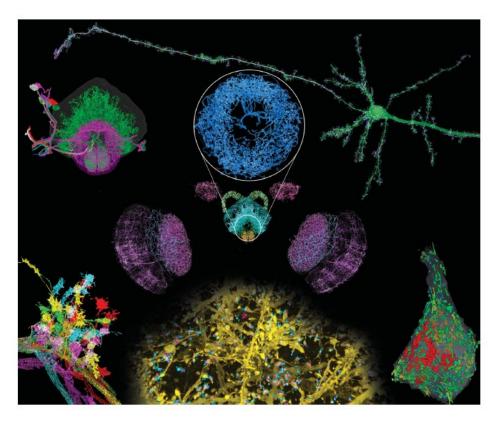


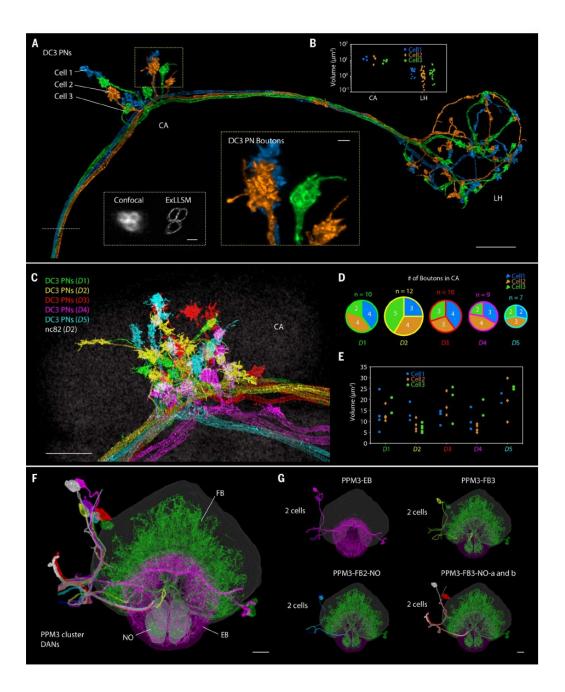


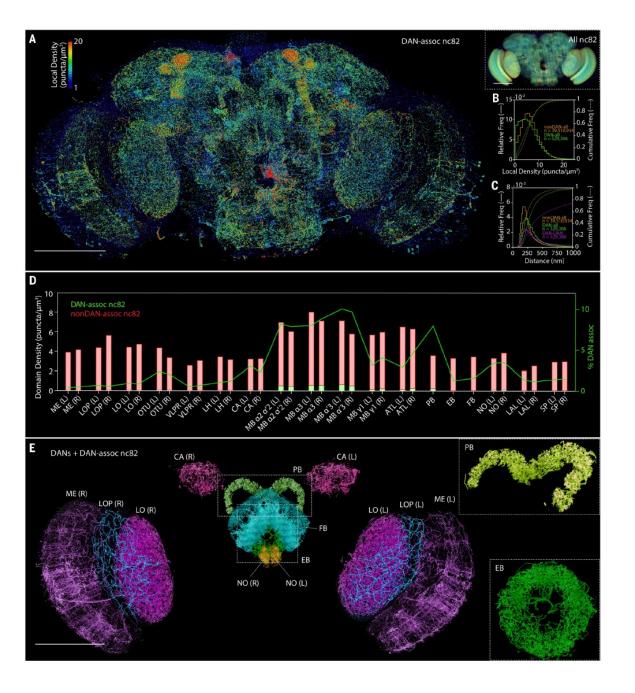
RESEARCH ARTICLE SUMMARY

IMAGING TECHNIQUES

Cortical column and whole-brain imaging with molecular contrast and nanoscale resolution







Spatial Biology

Spatial Biology is an interdisciplinary research field that focuses on the study of biological systems in relation to their spatial organization and distribution at various scales, ranging from molecular to cellular, tissue, and organism levels. This field combines advanced imaging techniques, computational methods, and molecular biology approaches to investigate the spatial arrangement of biomolecules, cells, and tissues, and how these spatial relationships influence biological functions, processes, and interactions.

Directions of Spatial Biology

Advanced Imaging Techniques: Techniques such as super-resolution microscopy, cryo-electron microscopy, and light-sheet microscopy will be further refined and expanded, allowing for greater resolution, sensitivity, and speed in imaging cellular structures and molecular interactions.

Integration of Omics Data: Combining spatial biology with other omics data types, such as genomics, transcriptomics, proteomics, and metabolomics, will enable a more comprehensive understanding of the spatial organization of biological systems and their functional consequences.

Spatial Analysis and Computational Methods: advanced computational methods and tools for data analysis, visualization, and interpretation. Machine learning and artificial intelligence algorithms will play a crucial role in processing and understanding these complex data sets.

Single-Cell Spatial Analysis

Organoid and 3D Culture Systems

In Vivo Imaging and Therapeutics:

Applications of Spatial Biology

Drug Discovery: Spatial biology can be used to identify drug targets and understand their spatial organization, expression, and function within cells and tissues. This can facilitate the development of drugs that target specific cellular components, pathways, or interactions, leading to more effective and targeted therapies.

Diagnostics: Spatial biology can help identify disease-specific spatial patterns or biomarkers, which can be used for the early detection, diagnosis, and monitoring of diseases such as cancer, neurological disorders, and infectious diseases.

Personalized Medicine: Understanding the spatial organization of cells and tissues in individual patients can lead to the development of personalized treatment strategies tailored to their unique biological context. Spatial biology can inform decisions regarding drug selection, dosage, and administration, as well as the identification of patient subpopulations that may respond differently to specific therapies.

Tissue Engineering and Regenerative Medicine: Spatial biology provides insights into tissue organization, development, and repair, which can be applied to tissue engineering and regenerative medicine. This information can guide the design of artificial tissues and organs, as well as the development of strategies to promote tissue regeneration and repair following injury or disease.



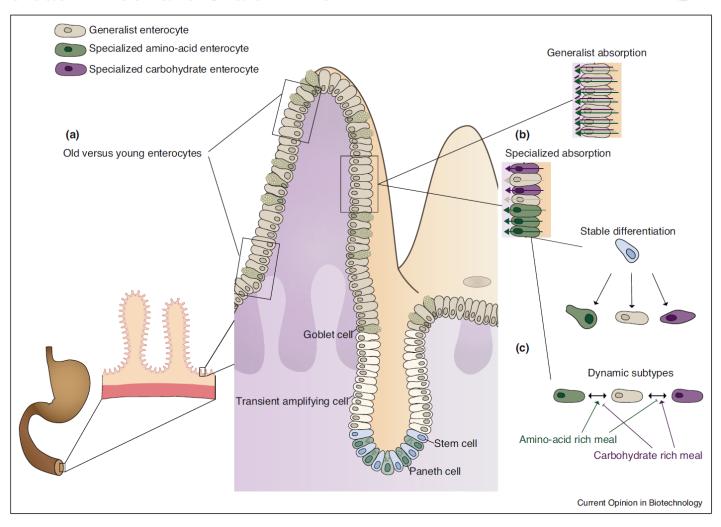
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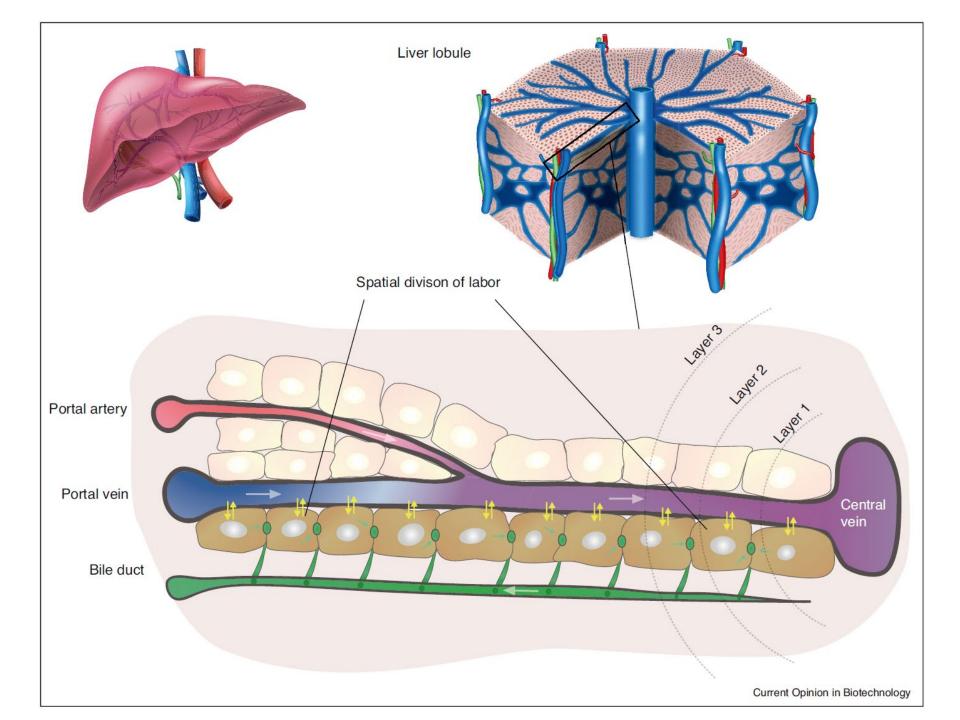


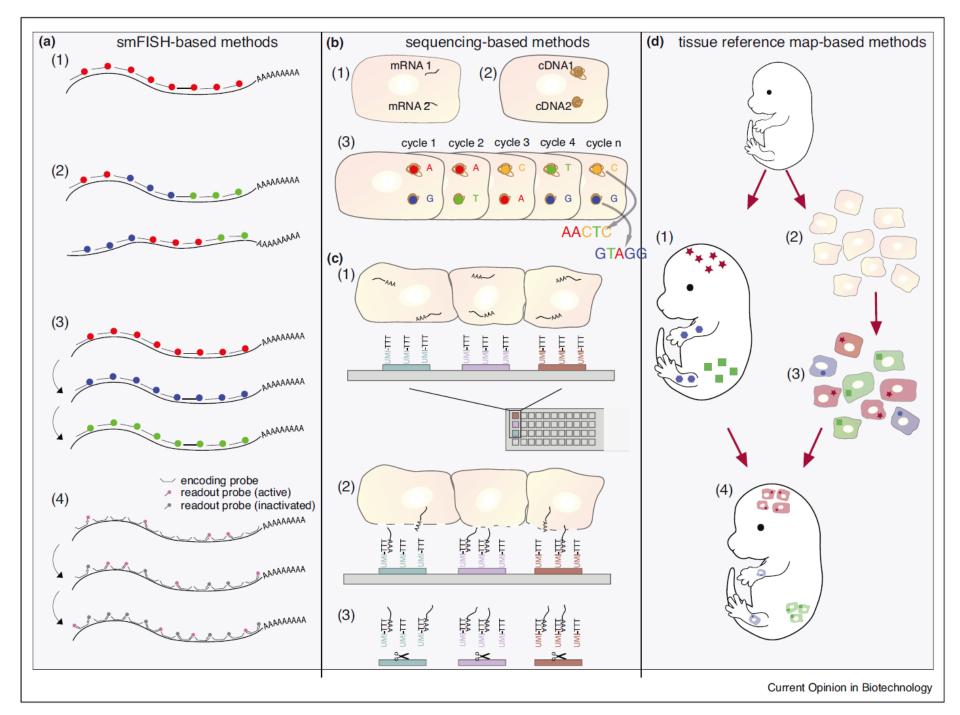
Spatial transcriptomics: paving the way for tissue-level systems biology

Andreas E Moor and Shalev Itzkovitz





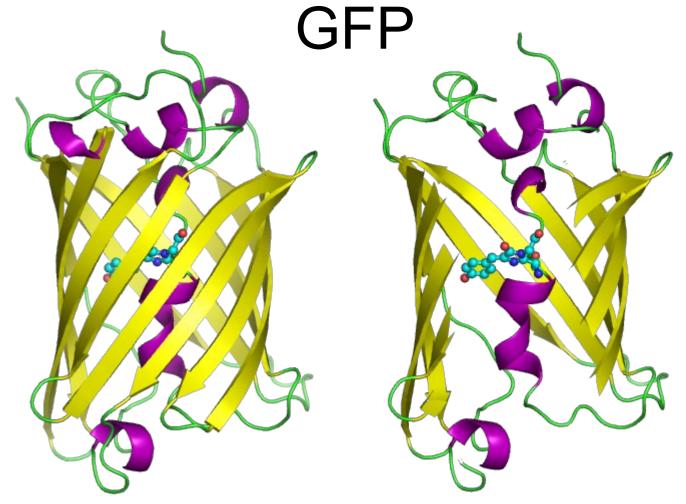




mRNA

mRNA exists in a variation of sizes, quantified by their number of nucleotides. For example, the GFP protein has a size between 300 and 1,000 nucleotides. Conversely, mRNA molecules such as the COVID-19 mRNA vaccine and Cas-9 have sizes between 2,000 and 4,000 nucleotides. Average length 1200-1500 NTs

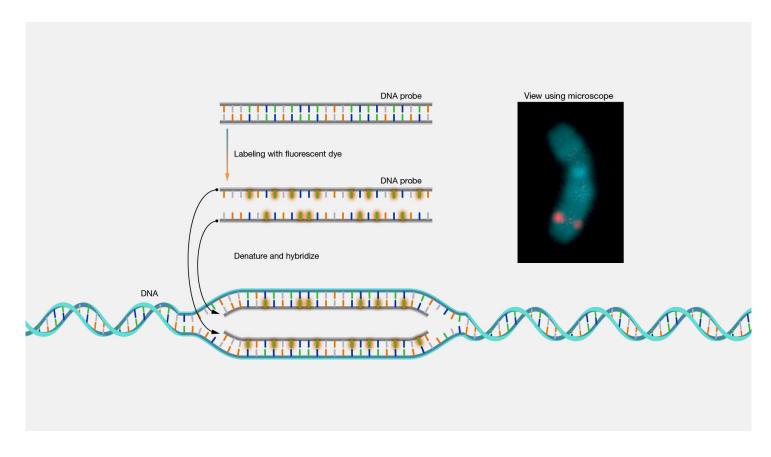
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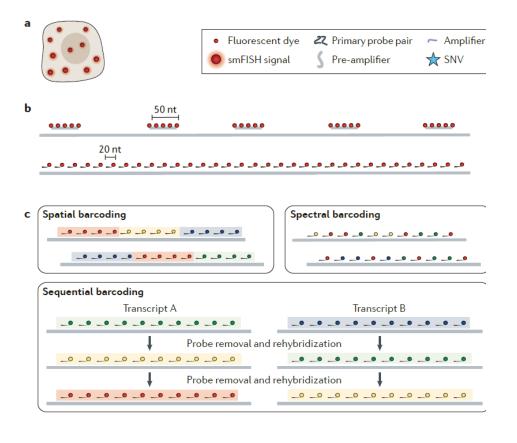
FLUORESCENCE IN SITU HYBRIDIZATION (FISH)

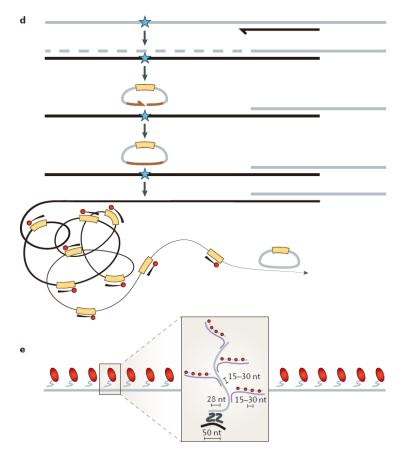
Fluorescence in situ hybridization (abbreviated FISH) is a laboratory technique used to detect and locate a specific DNA sequence on a chromosome. In this technique, the full set of chromosomes from an individual is affixed to a glass slide and then exposed to a "probe"—a small piece of purified DNA tagged with a fluorescent dye. The fluorescently labeled probe finds and then binds to its matching sequence within the set of chromosomes. With the use of a special microscope, the chromosome and sub-chromosomal location where the fluorescent probe bound can be seen

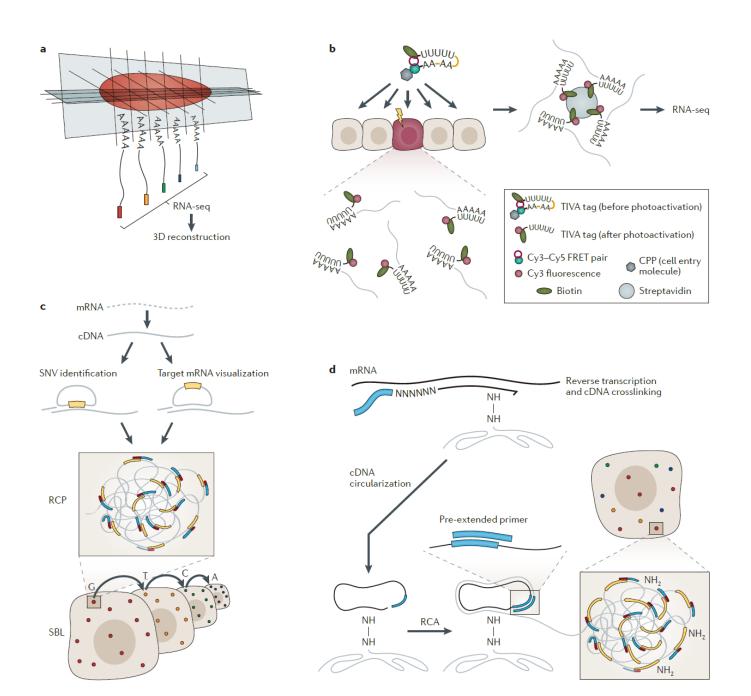




Spatially resolved transcriptomics and beyond NATURE REVIEWS GENETICS





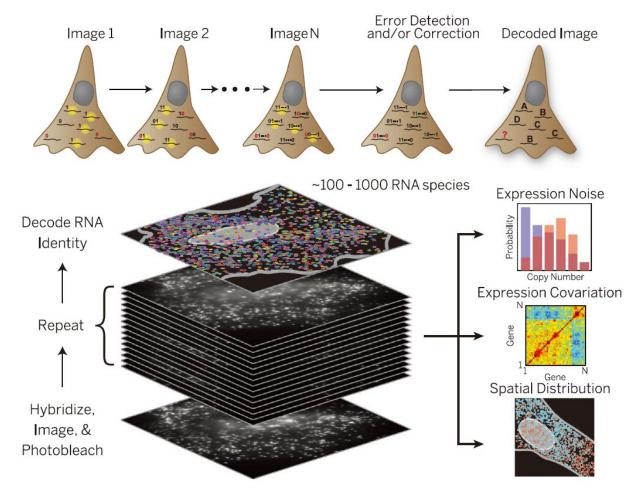


	smFISH	Padlock probes and RCA	Branched FISH	LCM	Microtomy sequencing	TIVA	ISS	FISSEQ	lmaging mass cytometry
Sample	Fixed cells and tissues; purified RNA	Fixed cells and tissues; purified DNA or RNA	Fixed cells and tissues; possibly purified DNA or RNA	Fixed tissues	Fixed and fresh tissues	Live cells	Fixed cells and tissues	Fixed cells and tissues	Fixed tissues
Target	RNA	DNA; RNA	RNA	RNA; DNA; proteins	RNA; possibly DNA and proteins	RNA	RNA	RNA	Proteins
Туре	Targeted	Targeted	Targeted	Targeted or non-targeted	Non- targeted	Non- targeted	Targeted	Non- targeted	Targeted
Variable measured	Abundance; SNVs; fusion transcripts; splice variants; subcellular localization	Abundance; SNVs; fusion transcripts; splice variants; subcellular localization	Abundance; subcellular localization	Abundance; possibly SNVs, fusion transcripts and splice variants	Abundance; possibly SNVs, fusion transcripts and splice variants	Abundance; possibly SNVs, fusion transcripts and splice variants	Abundance; possibly SNVs, fusion transcripts and splice variants	Abundance; possibly SNVs, fusion transcripts and splice variants	Abundance; protein modification
Single-cell?	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes
Spatial resolution	Subcellular	Subcellular	Subcellular (except the nucleus)	Anatomical or cellular	Anatomical	Cellular	Cellular	Cellular	Subcellular
Morphology assessment	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes
Throughput (number of cells)	Low to medium	Low to medium	Low to medium	Medium	High	Low	Low to medium	Low to medium	Very high
Throughput (number of genes or proteins)	Low to medium	Low to medium	Medium	High	High	High	Low	High	Low
Estimated efficiency	~90%	~30%	NA	NA	~5–10%	NA	NA	NA	NA
Readout	Microscopy; flow cytometry	Microscopy; flow cytometry	Microscopy; flow cytometry	Microarray; RNA-seq; MS	RNA-seq; possibly MS	RNA-seq	Microscopy	Microscopy	MS
Technical difficulty	Easy	Easy	Easy	Moderately easy	Moderately easy	Moderately difficult	Difficult	Difficult	Difficult

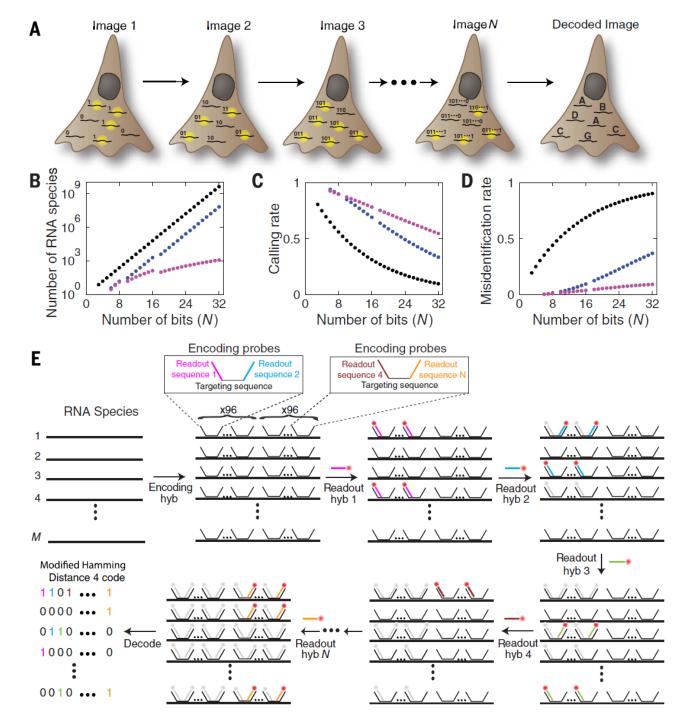
Spatially resolved, highly multiplexed RNA profiling in single cells

Kok Hao Chen,^{1*} Alistair N. Boettiger,^{1*} Jeffrey R. Moffitt,^{1*} Siyuan Wang,¹ Xiaowei Zhuang^{1,2}†

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30 nucleotides long, which includes a 20-nucleotide sequence complementary to the target RNA, a 6- to 10-nucleotide readout sequence for the fluorescent readout probe, and a spacer region.



around 16-48 probes were used per mRNA molecule, depending on the length and sequence of the mRNA. The study used a set of 130 probes targeting 130 different mRNAs in single cells.

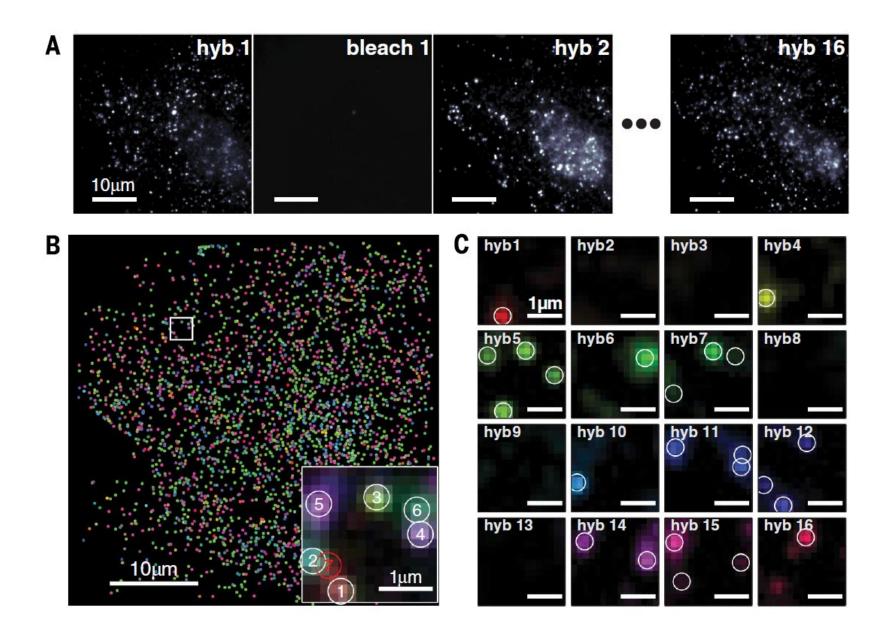
In the original MERFISH paper, the authors used a pool of 130 probes, each targeting one of 130 different mRNAs in single cells. For each mRNA species, they designed a set of 16-48 oligonucleotide probes. The exact number of probes for each mRNA varied depending on the length and sequence of the mRNA.

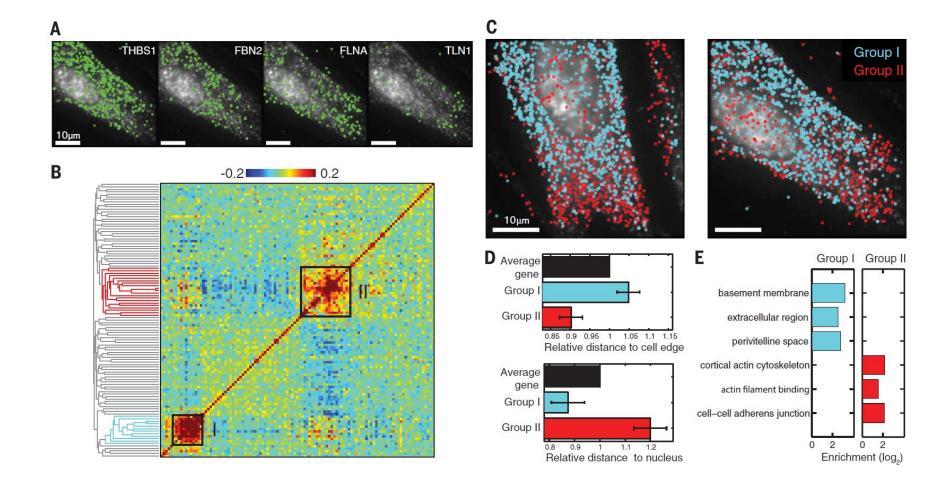
Thus, the total number of probes used in the experiment is the sum of all the individual probe sets for the 130 mRNAs. While the exact total number of probes is not provided in the paper, considering an average of 32 probes per mRNA (midpoint of the 16-48 range), the total number of probes would be approximately:

32 probes/mRNA * 130 mRNA species ≈ 4,160 probes

In the original MERFISH paper, the authors used 16 distinct readout sequences and two spectrally distinct dyes. The 16 readout sequences corresponded to 16 different binary bits in the error-robust barcodes assigned to each mRNA species. Each of these readout sequences was conjugated to a fluorophore in one of two colors.

The authors performed eight sequential imaging rounds, hybridizing and imaging a combination of eight readout probes per round (one for each bit position in the binary barcode). In each imaging round, a subset of the 16 readout sequences was labeled with one of the two colors, resulting in 2^16 or 65,536 potential binary barcodes.





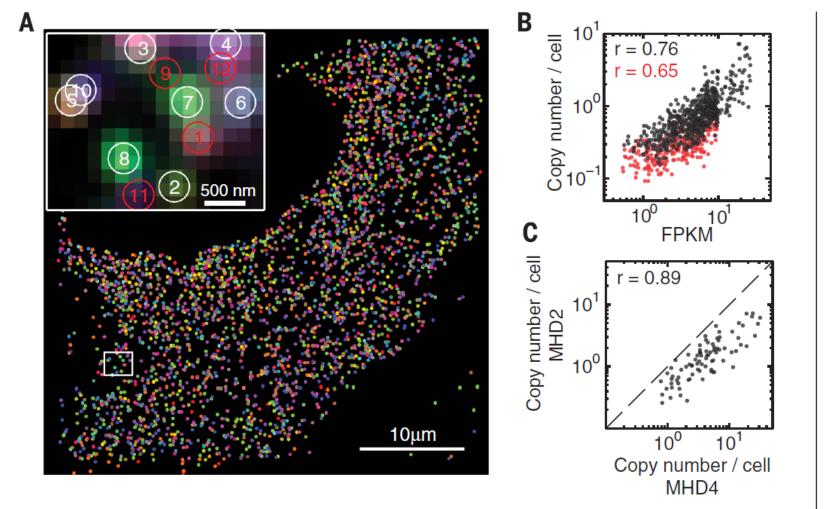


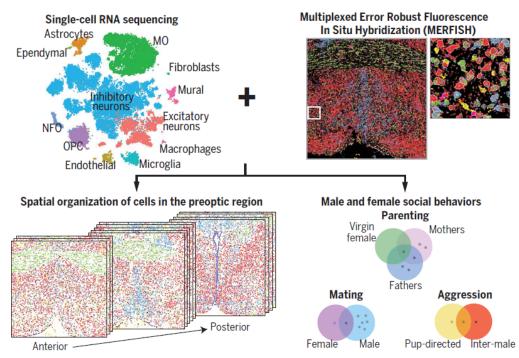
Fig. 5. Simultaneous measurements of 1001 RNA species in single cells by using MERFISH with a 14-bit MHD2 code. (A) The localizations of all detected single molecules in a cell colored based on their measured binary words. (Inset) The composite, false colored fluorescent image of the 14 bybridization.

Molecular, spatial, and functional single-cell profiling of the hypothalamic preoptic region

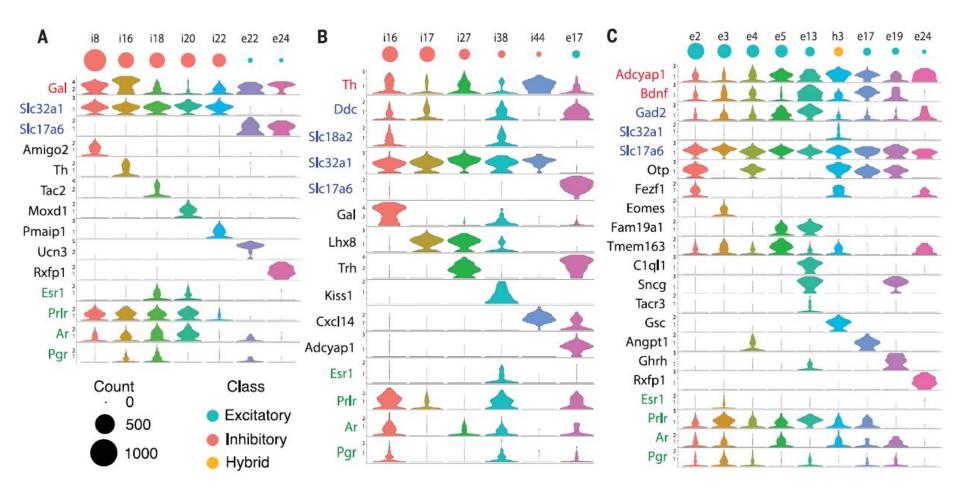
Moffitt et al., Science 362, 792 (2018)

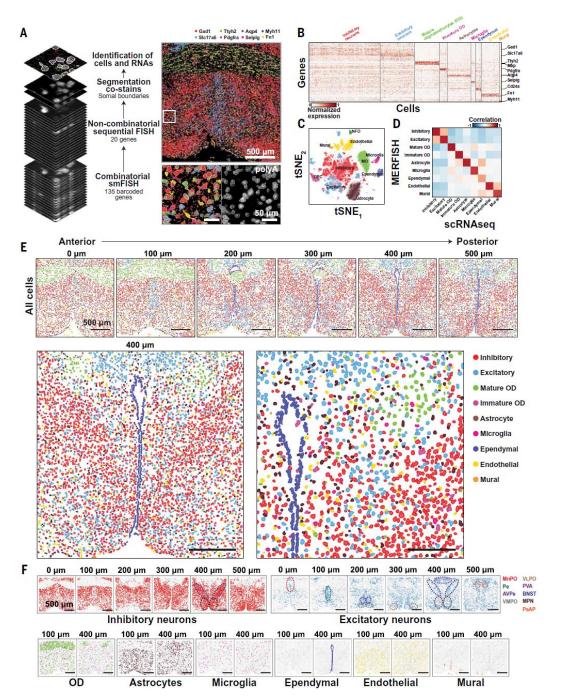
Jeffrey R. Moffitt*, Dhananjay Bambah-Mukku*, Stephen W. Eichhorn†, Eric Vaughn†, Karthik Shekhar, Julio D. Perez, Nimrod D. Rubinstein, Junjie Hao, Aviv Regev,

Catherine Dulac‡§, Xiaowei Zhuang‡§



In situ single-cell profiling reveals the molecular and cellular organization of the hypothalamic preoptic region. The combination of MERFISH with scRNA-seq to profile the gene expression of 1 million cells in situ revealed ~70 neuronal populations in the preoptic region, each with distinct molecular signatures and spatial organizations, providing insights into neuromodulatory signaling pathways. Further combination with activity marker imaging led to the identification of discrete neuronal types activated by key social behaviors, including parenting, aggression, and mating.





Spatial transcriptome profiling by MERFISH reveals subcellular RNA compartmentalization and cell cycle-dependent gene expression

Chenglong Xia^{a,b,c,1}, Jean Fan^{a,b,c,1}, George Emanuel^{a,b,c,1}, Junjie Hao^{a,b,c}, and Xiaowei Zhuang^{a,b,c,2}

^aHoward Hughes Medical Institute, Harvard University, Cambridge, MA 02138; ^bDepartment of Chemistry and Chemical Biology, Harvard University, Cambridge, MA 02138; and ^cDepartment of Physics, Harvard University, Cambridge, MA 02138

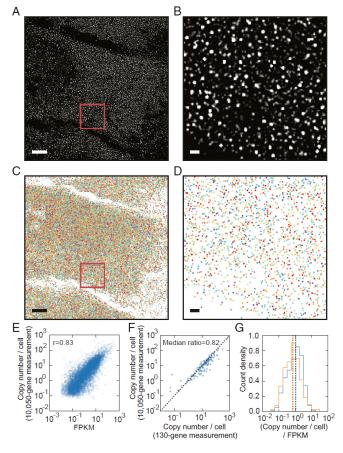
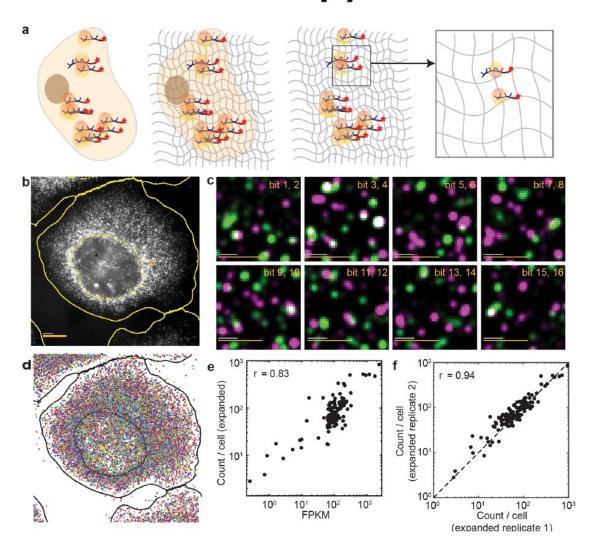


Fig. 1. MERFISH imaging of 10,050 genes in individual U-2 OS cells. (A) A high-pass-filtered, single-z slice, single-bit image of a U-2 OS sample stained with

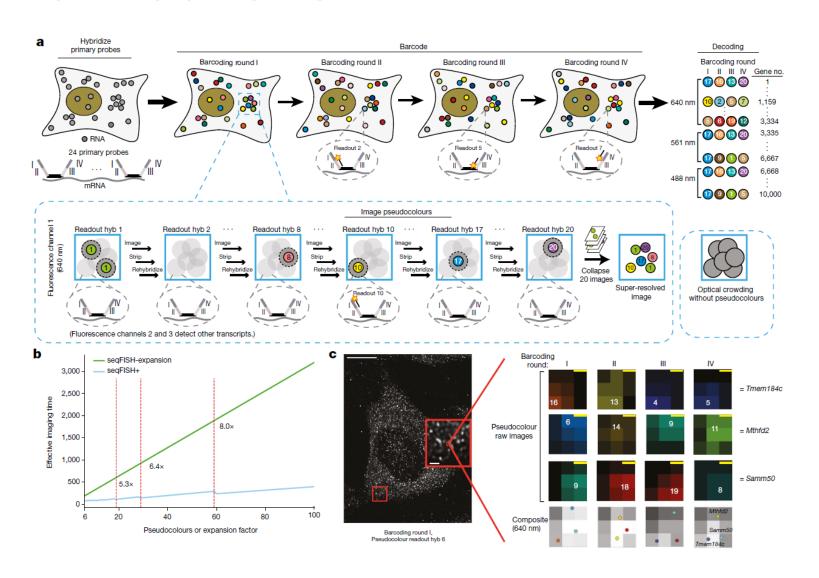
Multiplexed imaging of high-density libraries of RNAs with MERFISH and expansion microscopy

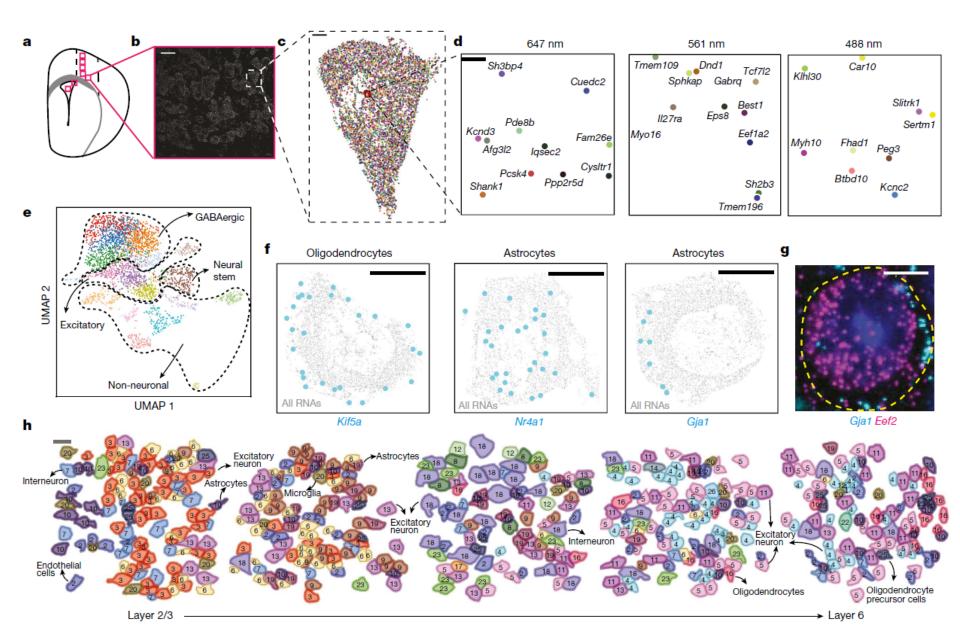


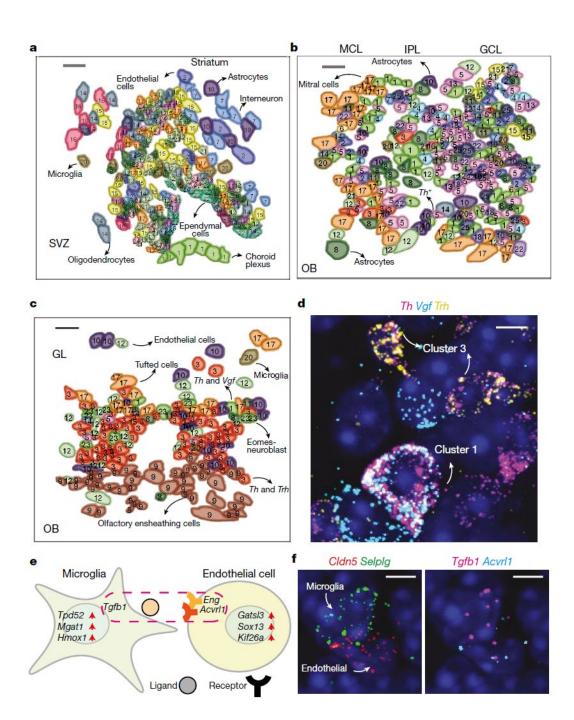
Transcriptome-scale super-resolved imaging in tissues by RNA seqFISH+

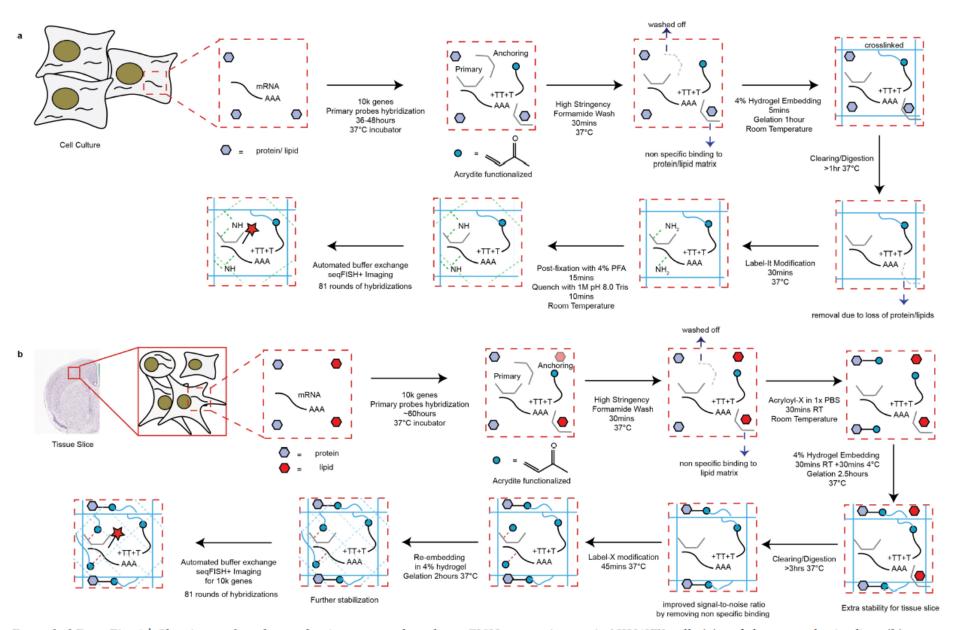
Chee-Huat Linus Eng¹, Michael Lawson², Qian Zhu³, Ruben Dries³, Noushin Koulena², Yodai Takei², Jina Yun², Christopher Cronin², Christoph Karp², Guo-Cheng Yuan³ & Long Cai²*

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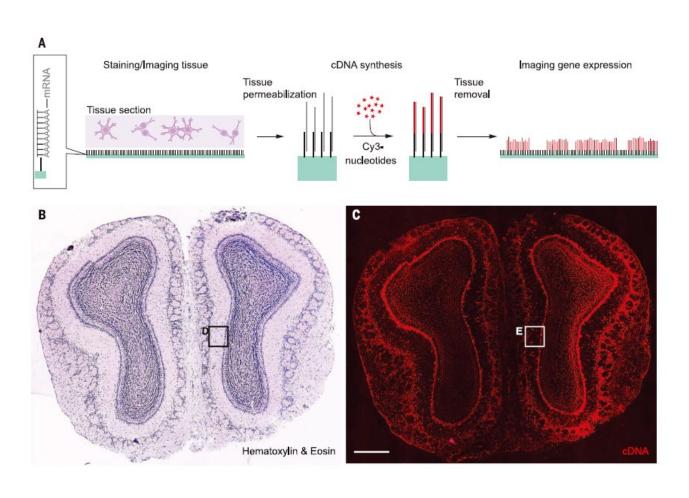


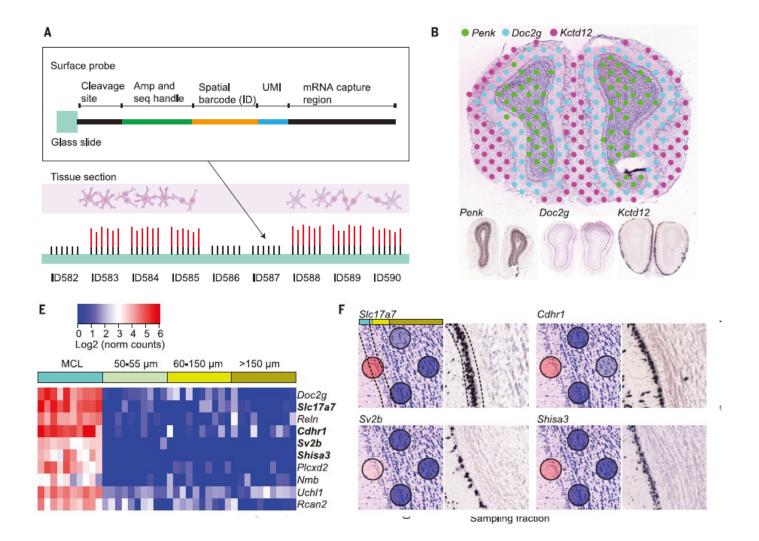


Extended Data Fig. 1 | Clearing and probe-anchoring protocols. a, b, seqFISH+ experiments in NIH/3T3 cells (a) and the mouse brain slices (b).

Visualization and analysis of gene expression in tissue sections by spatial transcriptomics

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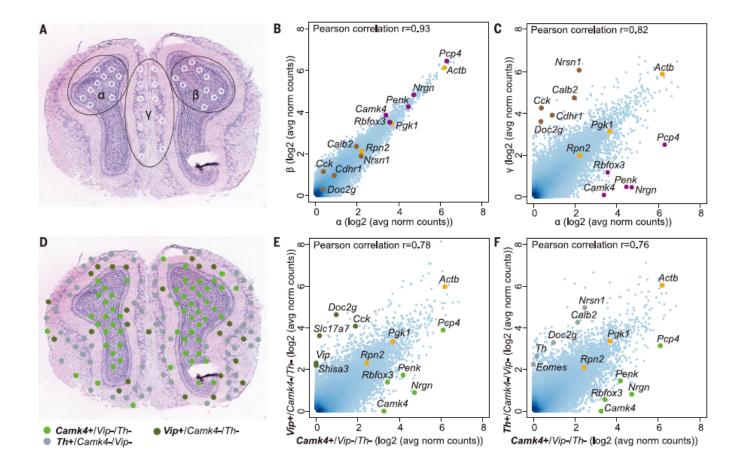




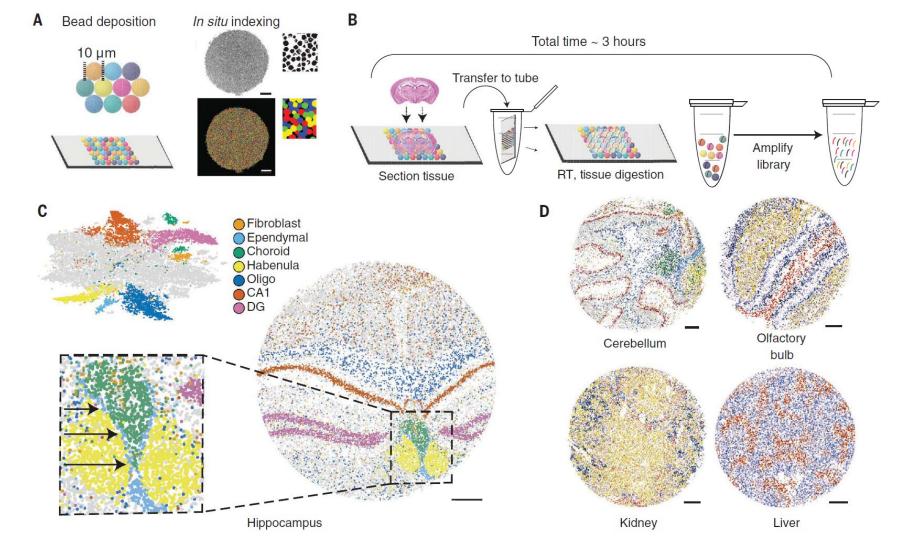
UMI and Barcode

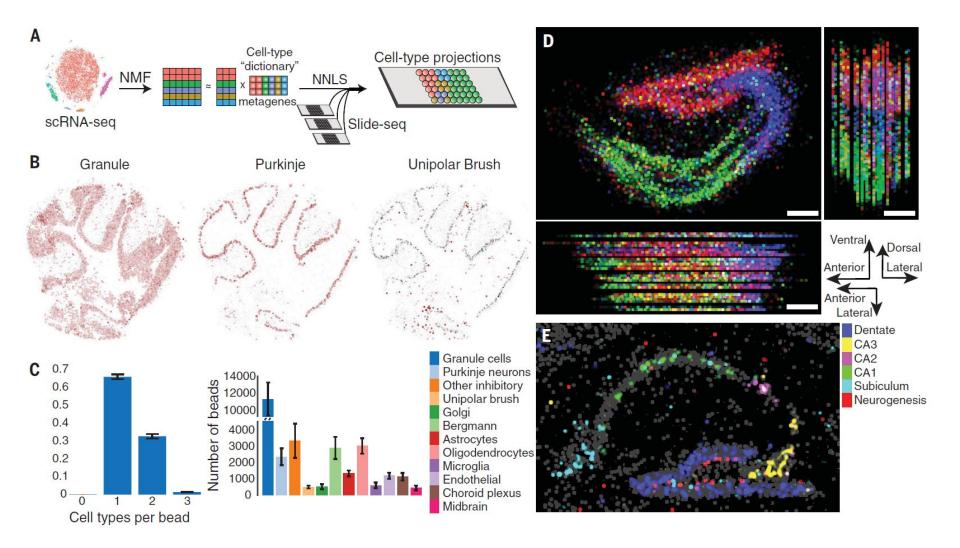
Unique Molecular Identifier (UMI): A UMI is a short, random sequence of nucleotides that is attached to individual mRNA molecules during library preparation for sequencing experiments. The primary purpose of a UMI is to label each original mRNA molecule uniquely, allowing for accurate quantification of gene expression by distinguishing between PCR duplicates and independent molecules originating from the same gene. This helps to correct for PCR bias and improves the overall quality and reliability of the gene expression data.

Barcode: In spatially resolved transcriptomics, a barcode typically refers to a short, known sequence of nucleotides that is used to label transcripts based on their spatial origin within a tissue. Barcodes can be introduced during library preparation or directly on the capture probes or primers used for in situ sequencing or hybridization-based techniques. The primary purpose of a barcode is to enable the assignment of sequenced transcripts back to their original spatial location within the tissue, allowing for the reconstruction of spatial gene expression patterns.



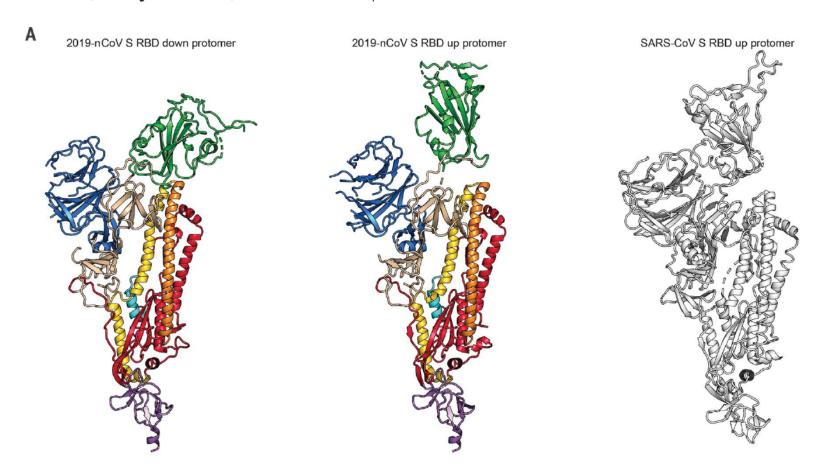
Slide-seq: A scalable technology for measuring genome-wide expression at high spatial resolution





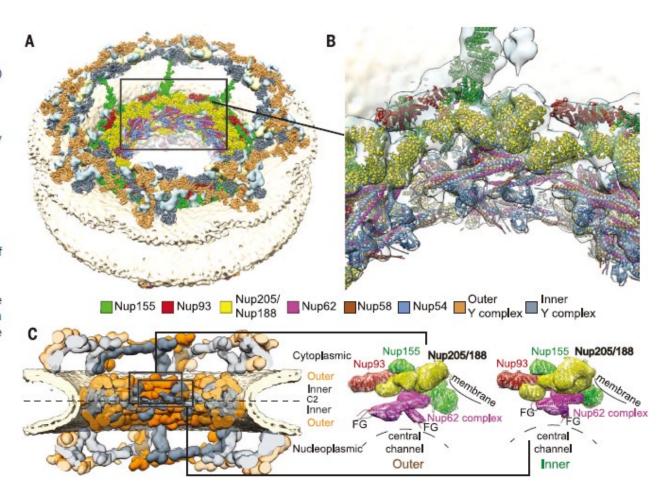
Cryo-EM structure of the 2019-nCoV spike in the prefusion conformation

Daniel Wrapp^{1*}, Nianshuang Wang^{1*}, Kizzmekia S. Corbett², Jory A. Goldsmith¹, Ching-Lin Hsieh¹, Olubukola Abiona², Barney S. Graham², Jason S. McLellan¹†



Molecular architecture of the inner ring scaffold of the human nuclear pore complex

Fig. 1 Composite structure of the human NPC. (A) Overview of the composite structure of the entire NPC, in which previous structural assignments in the outer rings (9, 13) are represented together with the assignments in the IR that were undertaken in this study (details are shown in fig. S2). Unassigned density is shown in cyan; the nuclear ring is facing up. (B) Zoomed-in view of the IR region framed in (A). Highresolution structures (colored ribbons) are shown in the context of the tomographic map (transparent isosurface). (C) Conceptual outline of the NPC architecture. Inner (gray) and outer (orange) copies of the Ycomplex (top and bottom) and the IR core module (middle) are shown in comparison. The configurations of the outer and inner copies of the IR core module are shown enlarged on the right. FG repeat domains can readily reach out into the central channel (F, phenylalanine; G, glycine).



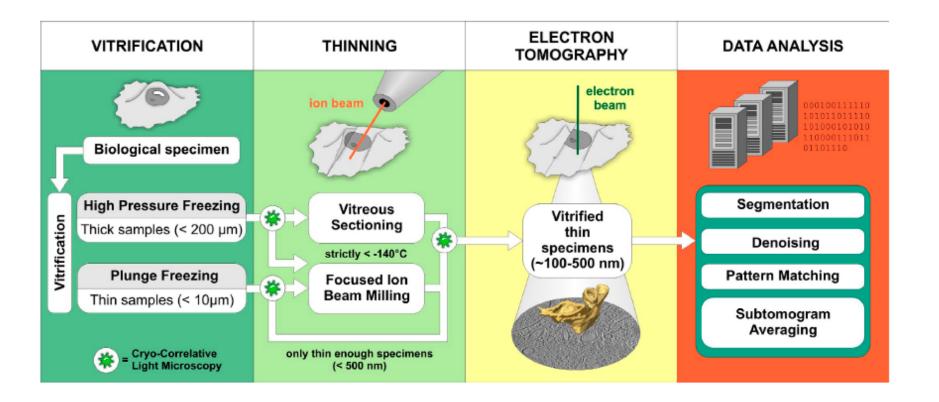
JCB: Review

Cryo-electron tomography: The challenge of doing structural biology in situ

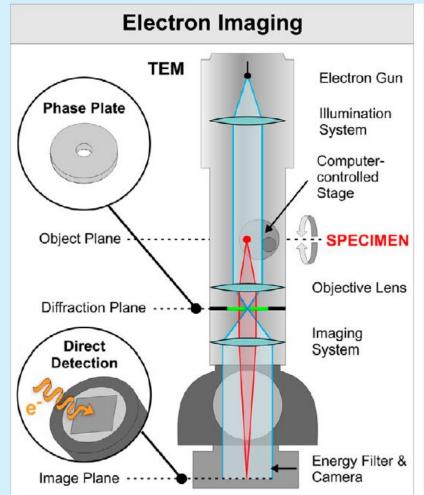
Vladan Lučić, Alexander Rigort, and Wolfgang Baumeister

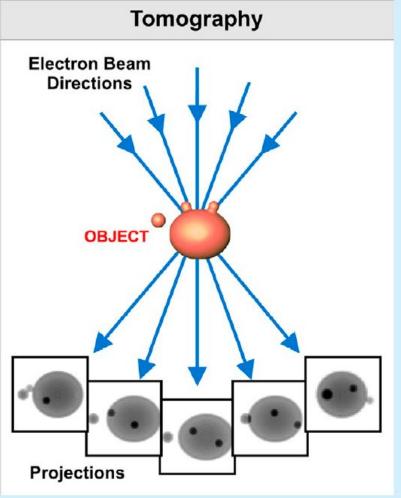
Max-Planck-Institute of Biochemistry, Am Klopferspitz 18, 82152 Martinsried, Germany

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J. Cell Biol. Vol. 202 No. 3 407–419
www.jcb.org/cgi/doi/10.1083/jcb.201304193

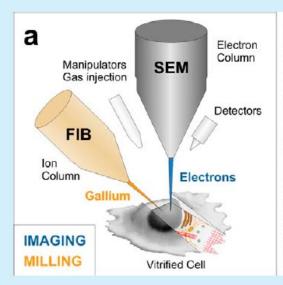


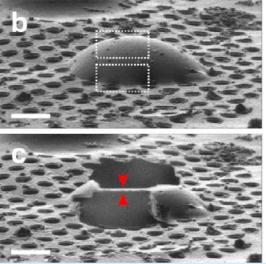
Box 1. Principles of electron tomography

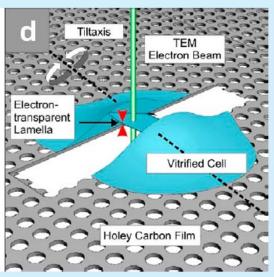




Box 2. Current technical developments







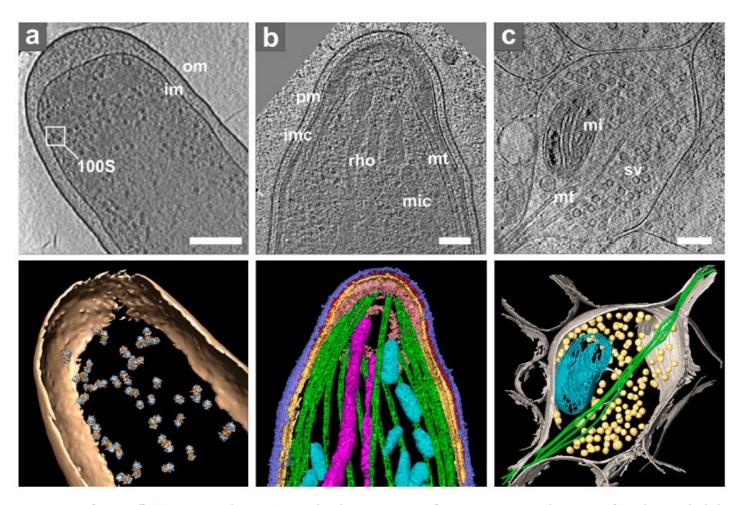


Figure 2. **Cryo-ET of intact cells.** (a) Intact *E. coli*. Top: tomographic slice. Bottom: isosurface representation with positions of template-matched ribosome pairs: om, outer membrane; im, inner membrane; inset shows one ribosome pair (100S). Bar, 200 nm. Modified from Ortiz et al. (2010). (b) *Plasmodium* organelles and the associated cytoskeleton. Top: tomographic slice. Bottom: surface rendering showing plasma membrane (pm, blue), inner membrane complex (imc, yellow), density between pm and imc (red), microtubules (mt, green), apical polar ring (pink), rhoptries (rho, violet), and micronemes (mic, cyan). Bar, 100 nm. Reproduced from Kudryashev et al. (2010b). (c) Presynaptic terminal visualized in vitrified dissociated neuronal culture at 15 days in vitro and thinned by FIB milling. Top: tomographic slice (courtesy of Y. Fukuda). Bottom: 3D visualization: plasma membrane (gray), microtubules (mt, green), mitochondrion (mi, cyan), and synaptic vesicles (sv, yellow). Bar, 200 nm.

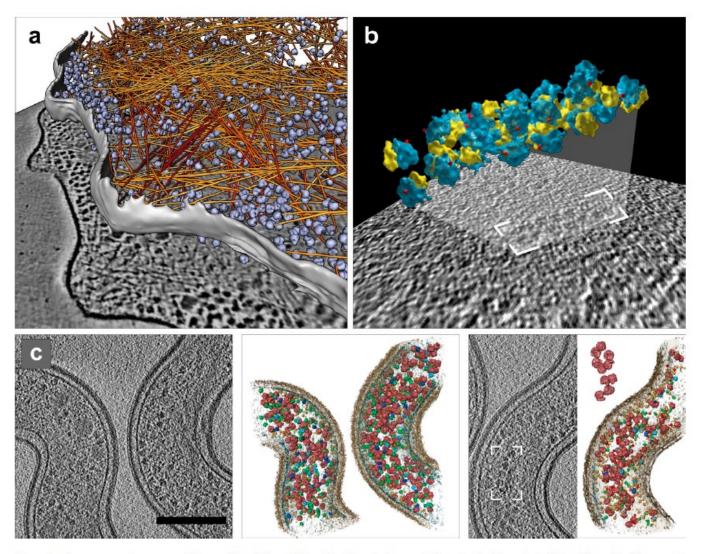


Figure 4. Image processing: segmentation and template matching. (a) Automated segmentation of actin filaments in *Dictyostelium discoideum*: actin filaments (yellow to red); ribosomes (blue). Reproduced with permission from Rigort et al. (2012b); copyright Elsevier, Inc. (b) Polyribosomes from intact human glioma cells identified by template matching. Modified with permission from Brandt et al. (2010); copyright Elsevier, Inc. (c) Protein identification using multiple template matching in intact *Leptospira interrogans*. Tomographic slices and 3D visualization of identified proteins of nonstimulated (left) and antibiotics-treated cells (right), ribosomes (red), GroEL (light blue), GroEL/ES (dark blue), and RNA polymerase II (green). Bar, 200 nm. Reprinted by permission from Macmillan Publishers Ltd: *Nature Methods* (Beck et al., 2009); copyright 2009.

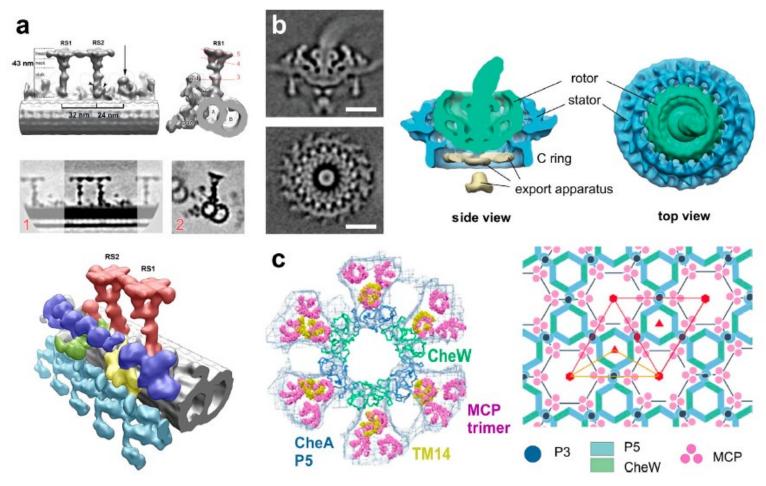
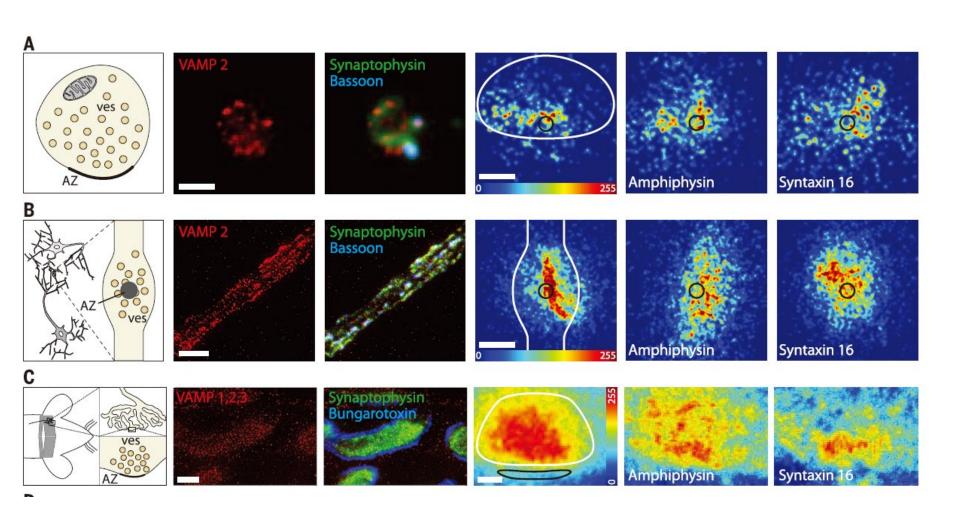


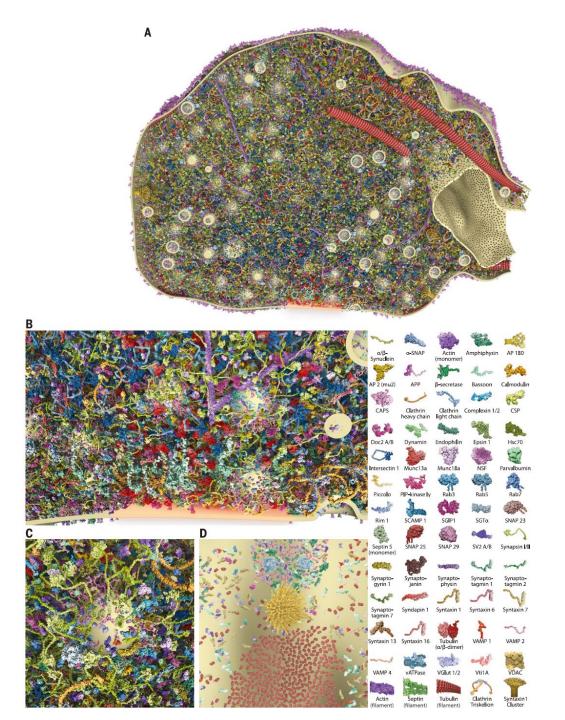
Figure 5. Image processing: subtomogram averaging. (a) Isolated *C. reinhardtii* axoneme. Top row: surface renderings of the density map obtained by averaging radial spokes (RS). Middle row: tomographic slices of the above density map. Bottom: surface renderings of the overall 3D structure: microtubule doublet (gray), outer dynein arms (turquoise), inner dynein arms (IDA, blue), the intermediate and light chains of IDAs (yellow), the dynein regulatory complex (green), and the radial spokes (red). RS1, radial spoke 1; RS2, radial spoke 2. Image copyright Pigino et al. (2011). (b) Flagellar motor of intact Borrelia. Left: tomographic slices of the averaged density map. Right: 3D isosurface views of the motor. Bars, 25 nm. Reproduced from Liu et al. (2009) with permission from the American Society for Microbiology. (c) Bacterial chemosensory receptors. Left: superposition of one ring of the crystal structure (P5 blue, CheW green) with its six receptor dimers (TM14, yellow) on the EM map (blue mesh) with its previously fit 18 receptor dimers (pink). Right: the arrangement of the receptor array produces P6 point symmetry (red; the asymmetric unit yellow). Image copyright Briegel et al. (2012).

Composition of isolated synaptic boutons reveals the amounts of vesicle trafficking proteins

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Synaptic vesicle recycling has long served as a model for the general mechanisms of cellular trafficking. We used an integrative approach, combining quantitative immunoblotting and mass spectrometry to determine protein numbers; electron microscopy to measure organelle numbers, sizes, and positions; and super-resolution fluorescence microscopy to localize the proteins. Using these data, we generated a three-dimensional model of an "average" synapse, displaying 300,000 proteins in atomic detail. The copy numbers of proteins involved in the same step of synaptic vesicle recycling correlated closely. In contrast, copy numbers varied over more than three orders of magnitude between steps, from about 150 copies for the endosomal fusion proteins to more than 20,000 for the exocytotic ones.





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OPEN 3D MALDI Mass Spectrometry Imaging of a Single Cell: Spatial Mapping of Lipids in the Embryonic Development of Zebrafish

Maria Emilia Dueñas 1, Jeffrey J. Essner & Young Jin Lee 1,2

