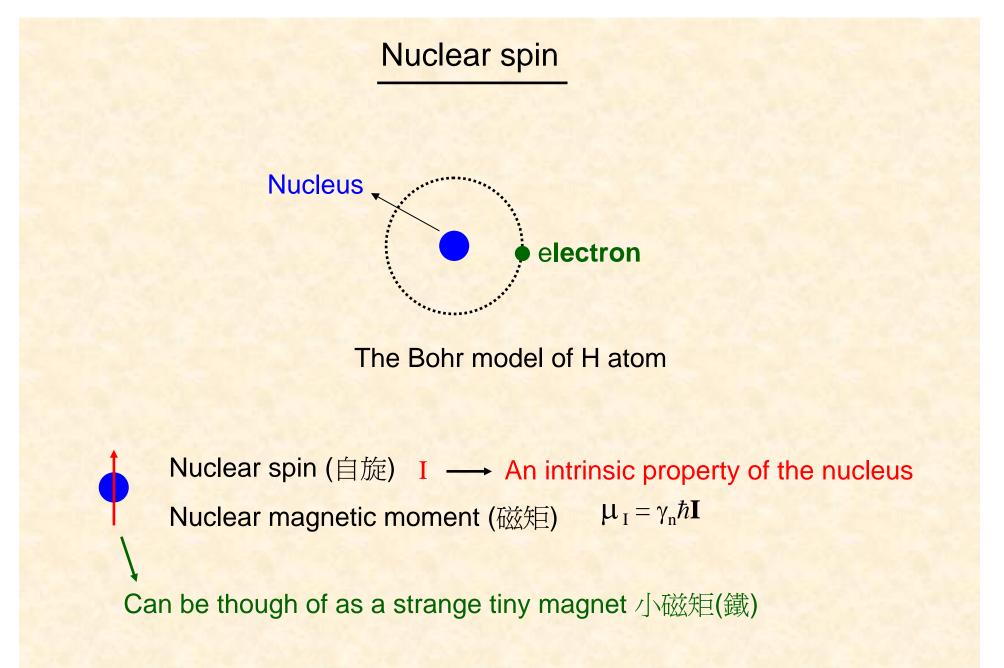
# 核磁共振與磁振造影

薛雅薇 中央大學物理系 核磁共振 Nuclear Magnetic Resonance (NMR)

This technique observes signals from nuclear spins to obtain the structural & dynamical information of the sample.



Why & how to observe nuclear spins?

#### Timeline I

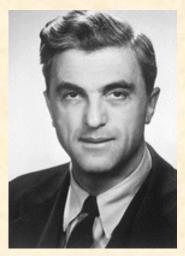
1946: Discovery of nuclear magnetic resonance phenomenon Purcell et al. (Harvard) & Bloch et al. (Stanford)

1949: Chemical shift

1952: Nobel Prize in physics - Bloch and Purcell for their development of new methods for nuclear magnetic precision measurements and discoveries in connection therewith



**Edward M. Purcell** 



**Felix Bloch** 

#### Timeline II

1960s: Solid state NMR – Waugh NMR imaging was demonstrated

1966: Ernst and Anderson Fourier Transform technique for NMR

1970: 2D NMR

1980s: Macromolecular structure determination in solution by NMR.

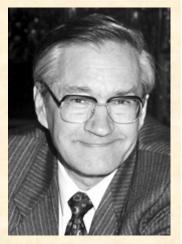
1973: Back projection MRI (P. Lauterbur)

1975: Fourier Imaging – R. Ernst

1977: the first study performed on a human took place

1991: Nobel prize in Chemistry - Ernst

for his contributions to the development of the methodology of high resolution NMR spectroscopy



**Richard R. Ernst** 

1990s: Heteronuclear multi-dimensional NMR permit the determination of protein structure up to 50 KDA. MRI become a major radiological tool in medical diagnostic.

#### 2002: Nobel prize in Chemistry - Wüthrich (1/2)

for his development of NMR spectroscopy for determining the 3D structure of biological macromolecules in solution.

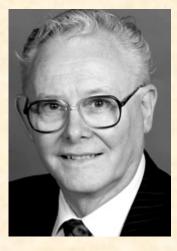
2003: Nobel Prize in Physiology or Medicine – Lauterbur and Mansfield discoveries concerning magnetic resonance imaging



**Kurt Wüthrich** 



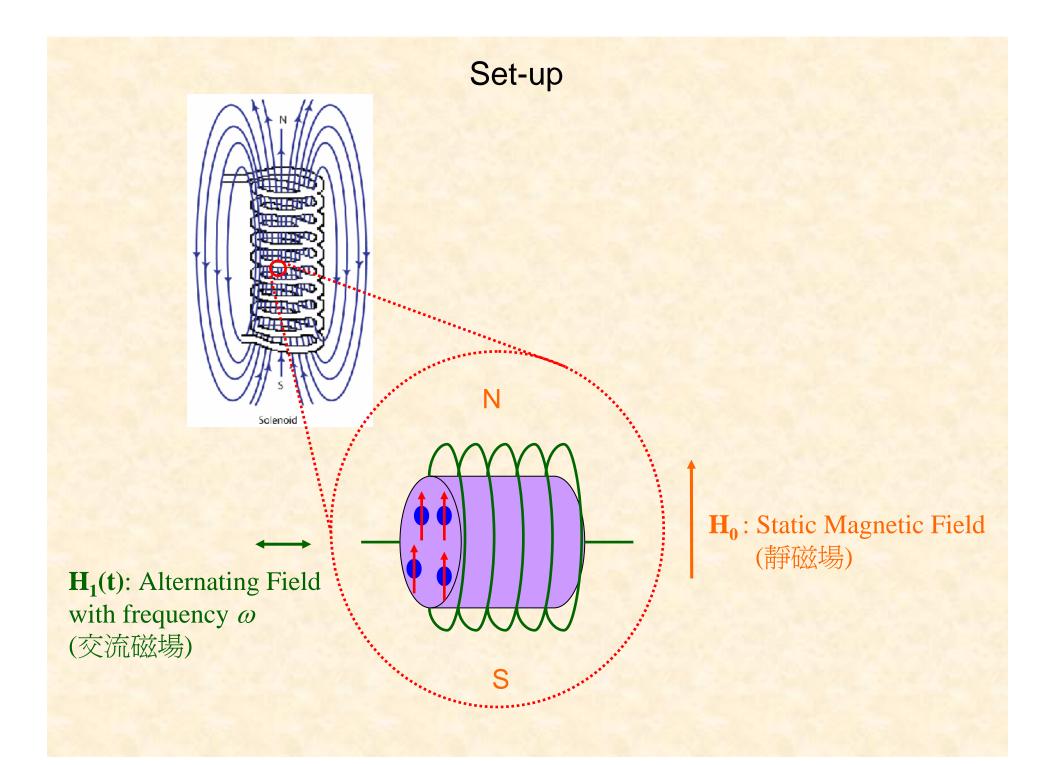
Paul C. Lauterbur



Sir Peter Mansfield

## Solid-state NMR spectrometer (固態核磁共振儀)





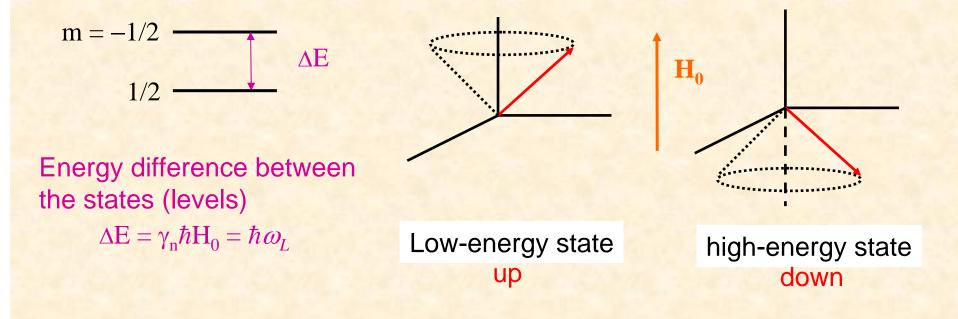
## A bare nuclear spin in a magnetic field $H_0$

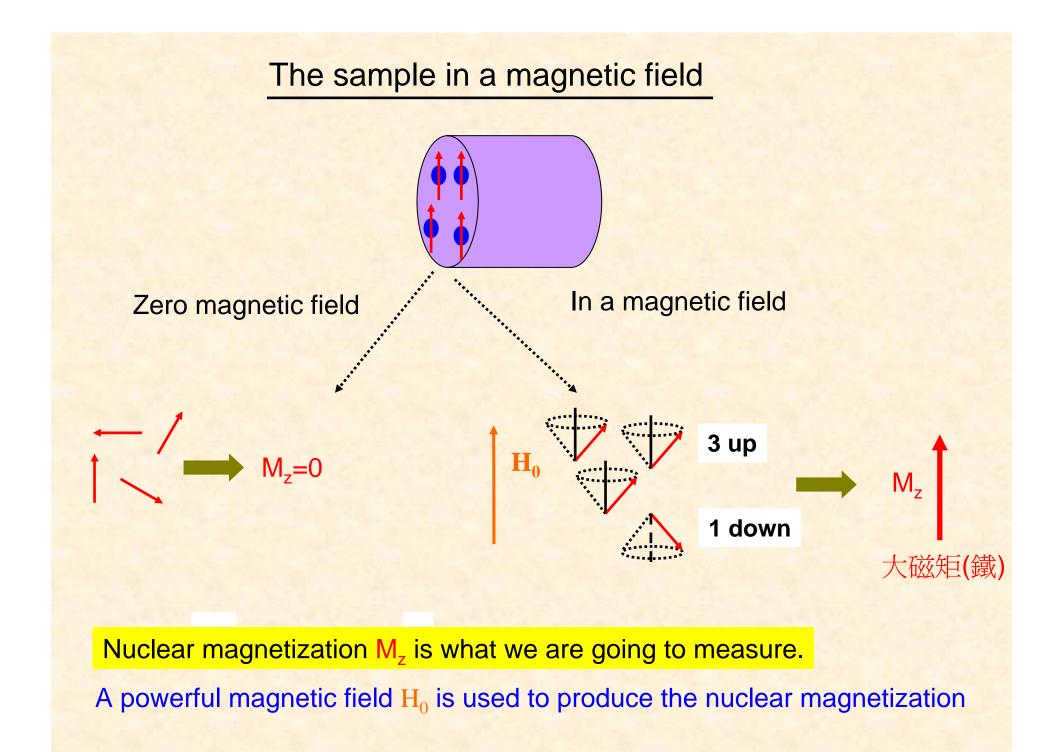
What happened?

H<sub>0</sub>

Quantum mechanics tells us:  $\mu_{I}$  precession with the Larmor frequency  $\omega_{L}$ 

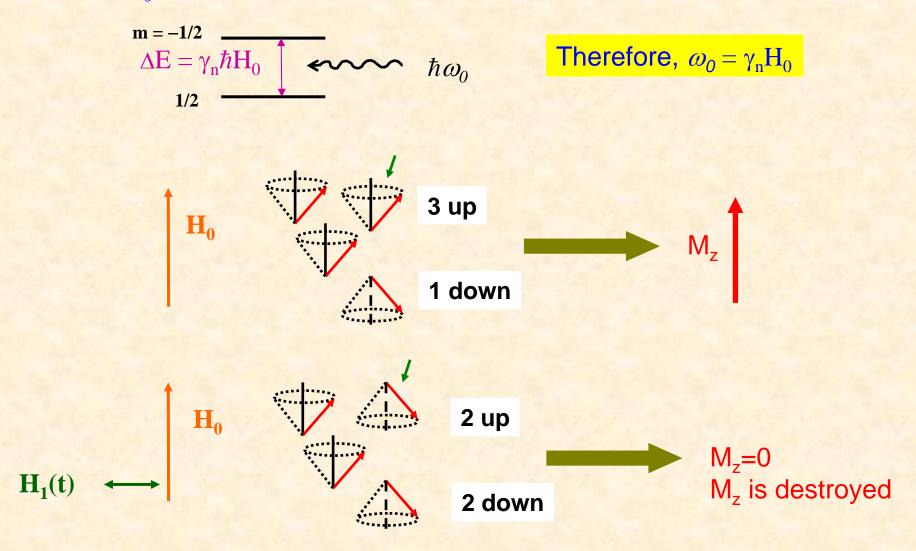
2 states for <sup>1</sup>H nuclear spin (I = 1/2)





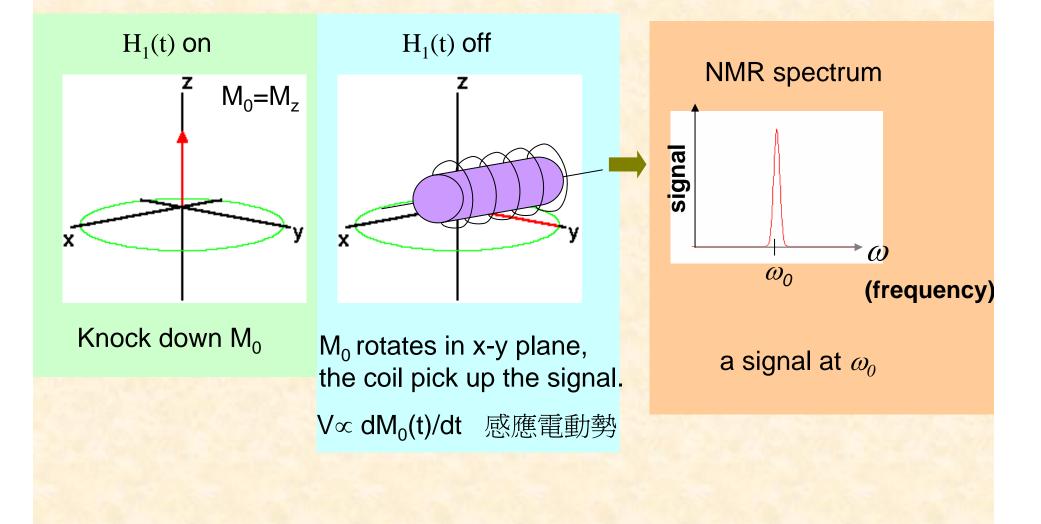
### Principle of magnetic resonance

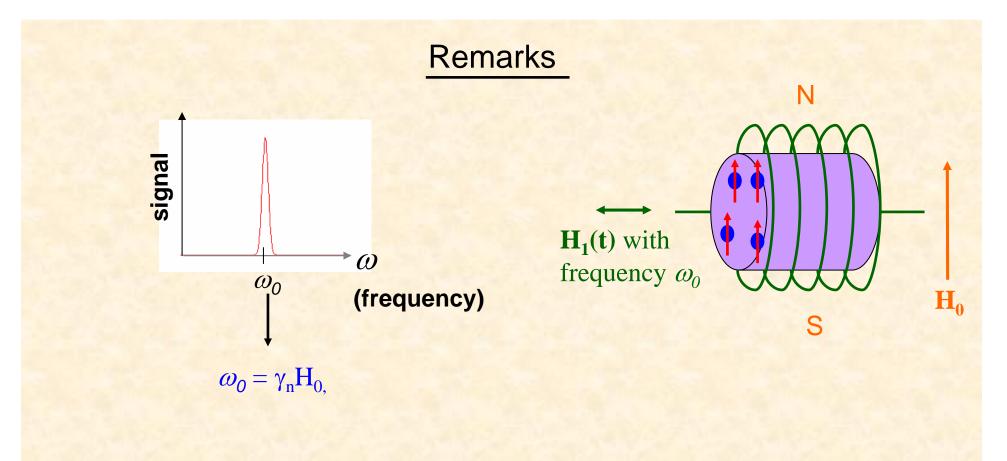
Apply radio frequency field  $H_1(t)$  with frequency  $\omega_0$ , when  $\hbar\omega_0 = \Delta E \implies$  resonance occurs



#### Detect the NMR signal

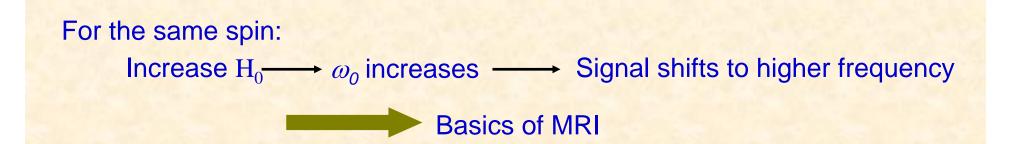
Radio frequency (RF) fields with frequency  $\omega_0$  are used to systematically alter the alignment of this magnetization, causing the hydrogen nuclei to produce a rotating magnetic field detectable by the scanner.





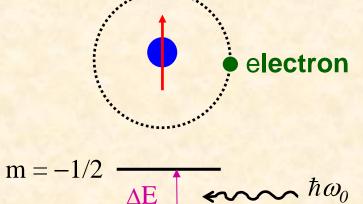
Each species of atom has its own  $\gamma_n$  value

→ Signal appears at different frequency (position) ► Site assignment



In addition to  $H_1$  and  $H_0(t)$ , the nuclear spin in materials also senses the fields produced by:

- Other nuclear spins
- Electron spins (Knight shift)
- Electron orbital motion (chemical shift)
- Electric quadrupole effect
- .....



frequency

The above fields will affect the energy difference  $\Delta E$ affect the position and shape of the signal in frequency O: 2s<sup>2</sup>p<sup>4</sup>

> Insulator(絕緣體) Conductor(導體) Ferromagnet eg. Cu<sub>2</sub>O eg. Cu (鐵磁性物質)

#### The applications of NMR in physics

Probing the electronic properties

- Electron spins (Knight shift)

- Electric quadrupole effect

- superconductors:

For a conventional superconductor, electrons form pairs (cooper pairs) in the superconducting state.

spin singlet S=0

First observed by NMR

- the magnetic materials

#### The applications of NMR in chemistry

NMR is chemists's eyes - a technique of analytical chemistry

Identify functional group by probing electron orbital motion (chemical shift)
Protons (<sup>1</sup>H) spectrum from CH<sub>3</sub>CH<sub>2</sub>OH

Peak assignments (which peak is what) can be done using NMR Database

Frequency

- determine the structure of many compounds

#### The applications of NMR in bio- & medical- related fields

- living tissue (chemical shift)
- Biomolecules: Lipids Proteins, nucleic acids, including RNA and DNA

1D<sup>1</sup>H NMR

Macromolecules

Sequence

nsp1 protein MDSNTVSSFQ VDCFLWHVRK RFADQELGDA PFLDRLRRDQ KSLRGRGSTL GLDIRTATRE GKHIVERILE EESDEALKMT IASVPAPRYL TEMTLEEMSR DWLMLIPKQK VTGSLCIRMD QAIMDKDIIL KANFSVIFNR LEALILLRAF TDEGAIVGEI SPLPSLPGHT EEDVKNAIGV LIGGLEWNDN TVRVSETLQR FTWRSSDENG RSPLPPKQKR KMERTIEPEV (230 amino acids)

MultiD, → Heteronuclear, ...etc

**3D** structure

Each amino acid contains C, N, H, O

Non-destructive technique

### Earth Field NMR (EFNMR)

Make use of earth magnetic field (30~60  $\mu$ T, protons resonate ~ 2kHz)

→ A special case of low field NMR

- investigating the structure of ice crystals in polar ice-fields, to rocks and hydrocarbons in the field.

- Detect ferrous objects (鐵磁性物質) on land and at sea

- Earth's field MRI scanners

Advantage: Portability - to analyze substances on site lower cost

Antarctic (南極)

#### Superconducting magnet

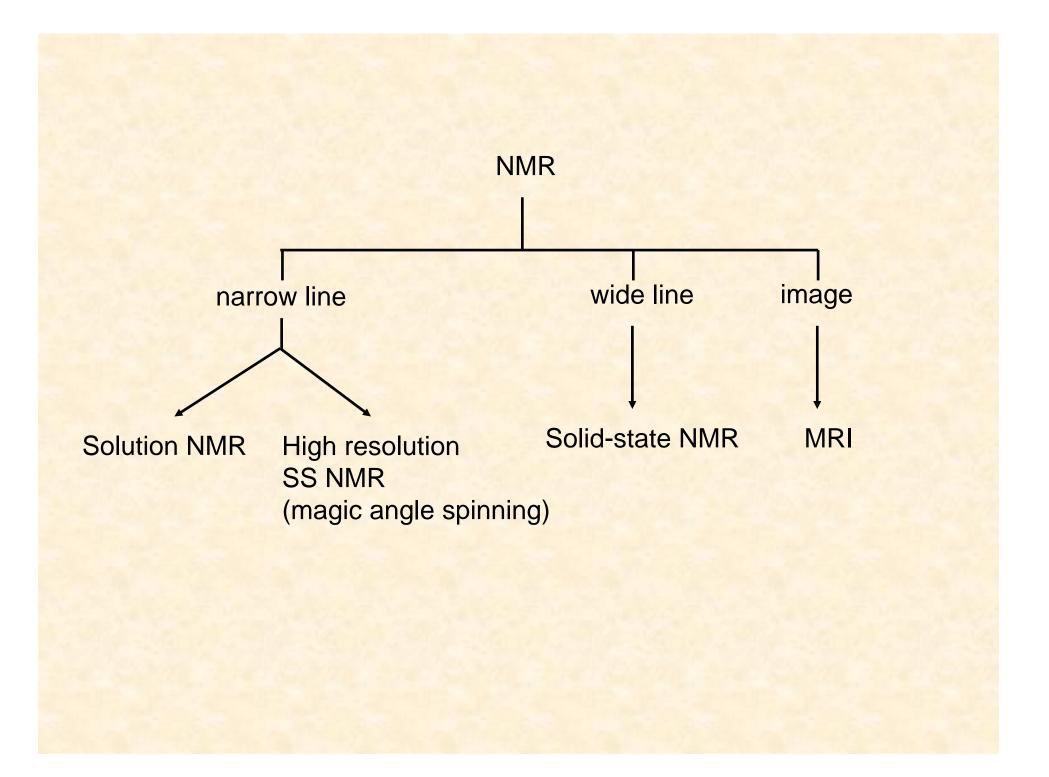
An electromagnet that is built using superconducting coils

- operate at liquid helium temperature (4K) to achieve SC state
- produce stronger magnetic fields than ordinary iron-core electromagnets
- no power is lost to ohmic resistance in the windings
- cheaper to operate

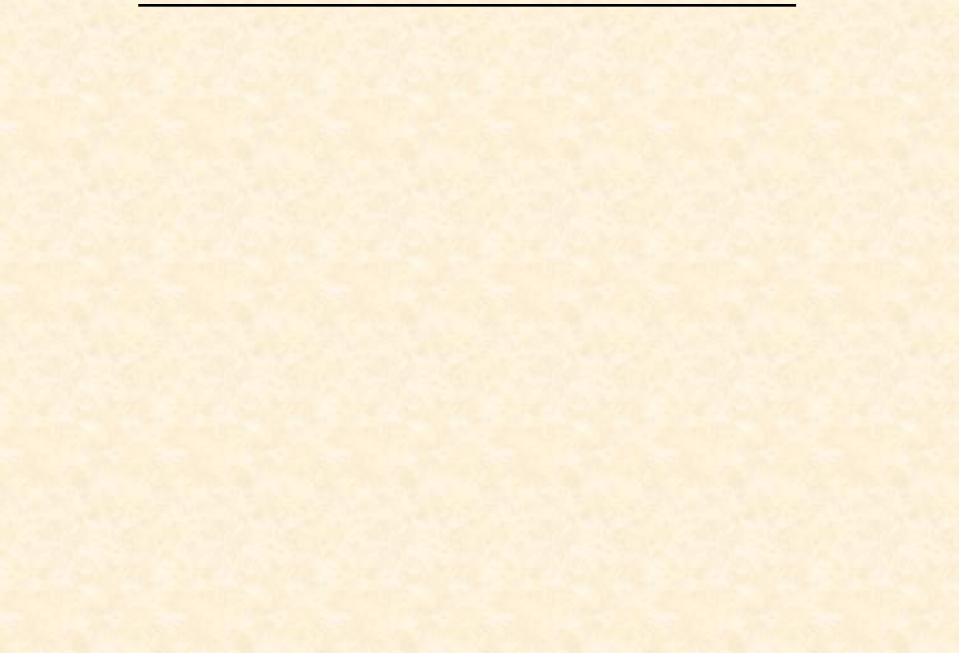
SC coil: niobium-titanium (NbTi) or niobium-tin (Nb3Sn) Higher field  $\rightarrow$  larger signal (signal/noise)

800 MHz, 18.8 T NMR spectrometer

900MHz, 21.2 T NMR Magnet

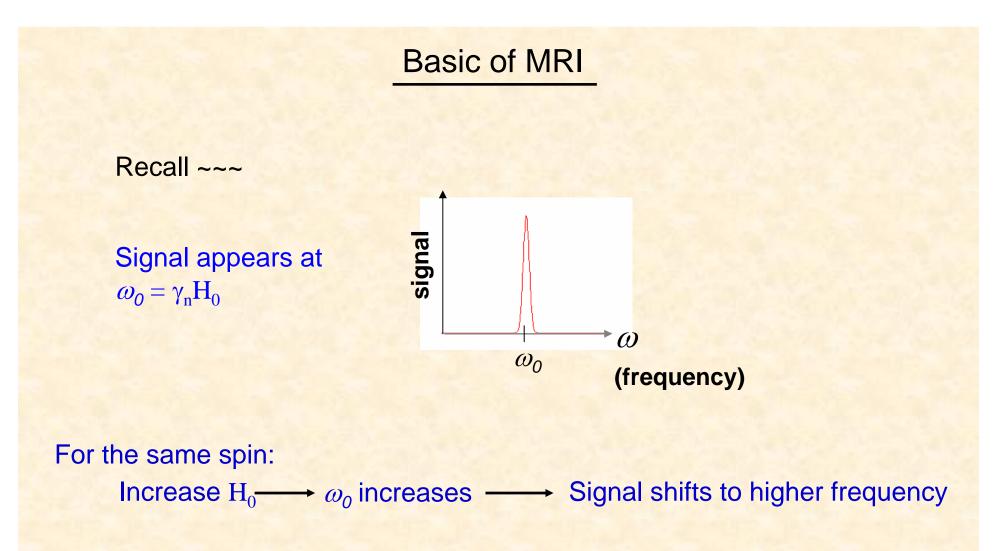


## Magnetic resonance imagong (MRI) 磁振造影



Was called Nuclear magnetic resonance imaging (NMRI) Now called Magnetic resonance imaging (MRI) to avoid using "Nuclear".

- An imaging technique (used to map the inside of human body)
- Relatively new technique compared with X-ray radiography (over 110 years)
- Based on the principles of nuclear magnetic resonance (NMR)



Signal (peak) position is proportional to the field strength

#### Principle of imaging

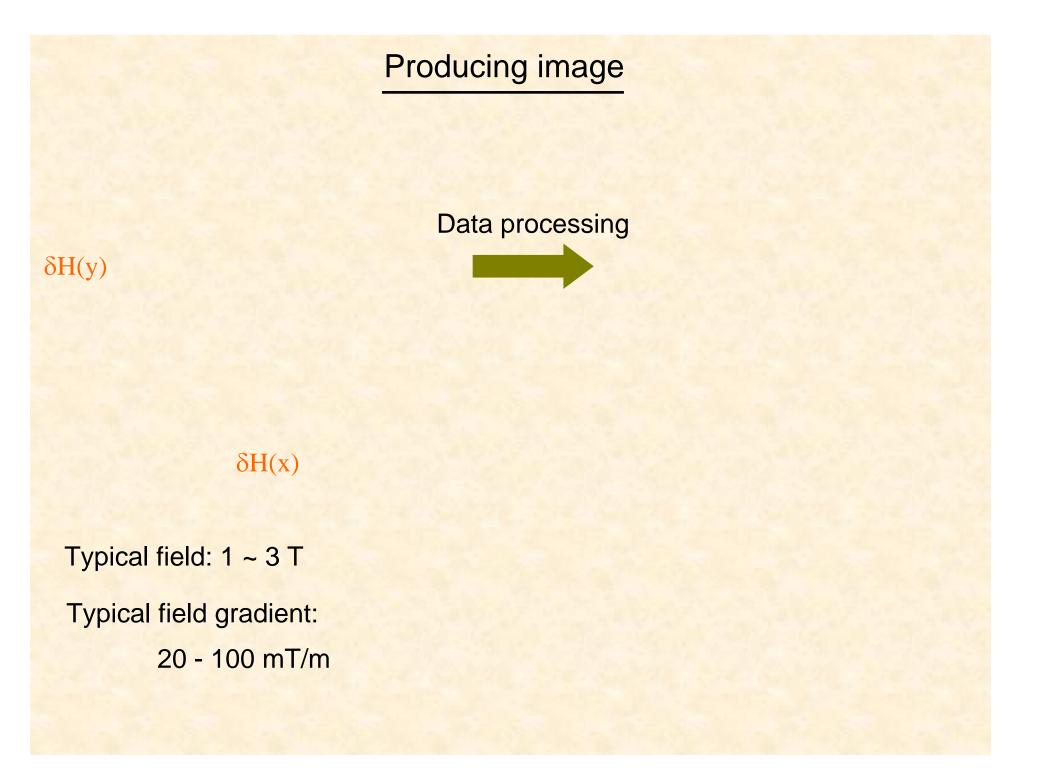
Idea - using magnetic field gradients to introduce spatial localization

A third field  $\delta H(x)$  is needed to provide a gradient field

H<sub>o</sub>  $figure H_0$   $figure H_0$   $figure H_0$   $figure H_0$ 

 $H_0 + \delta H(x)$   $\uparrow$   $\uparrow$   $\uparrow$   $\omega_0 = \gamma_n H_0 + \delta H(x)$ 

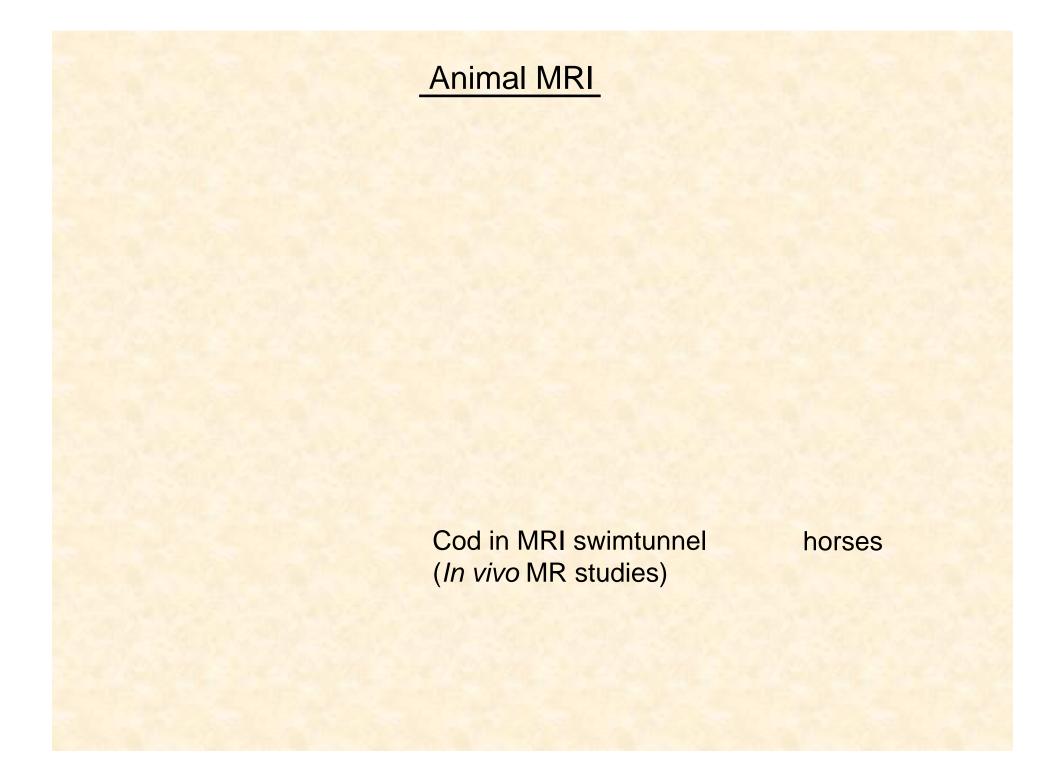
Frequency coding
(frequency tells you which location the signal is from)



#### MRI scanner

takes about 45 minutes to complete each body part . no ionizing radiation Non-destructive technique

1.5 T scanners: 1 ~1.5 million USD.3.0T scanners: 2 ~2.3 million USD.



#### Field safety

- Earth's magnetic field 30~60  $\mu$ T (0.03~0.06 mT) depending on location

- Direct current (DC) transmission lines: 0.02 mT

- Small magnets (audio speakers components, battery-operated motors, microwave ovens, refrigerator magnets) : 1-10 mT

- MRI: 1~3T

- NMR: up to ~21T (shielding to 0.5mT at 2m from field center)

Exposure limit: The general public: 40 mT Occupational whole-body exposure: 2T

